Asymptotic models for curved rods derived from nonlinear elasticity by Gamma-convergence

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Preprint no.: 28 2008
ASYMPTOTIC MODELS FOR CURVED RODS DERIVED FROM NONLINEAR ELASTICITY BY $\Gamma$-CONVERGENCE

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Abstract. We study the problem of the rigorous derivation of one-dimensional models for a thin curved beam starting from three-dimensional nonlinear elasticity. We describe the limiting models obtained for different scalings of the energy. In particular, we prove that the limit functional corresponding to higher scalings coincides with the one derived by dimension reduction starting from linearized elasticity.

Keywords: dimension reduction, curved beams, nonlinear elasticity

2000 Mathematics Subject Classification: 74K10, 49J45

1. Introduction

One of the main problems in nonlinear elasticity is to understand the relation between the three-dimensional theory and lower dimensional models for thin structures. In the classical approach these theories are usually deduced via formal asymptotic expansions or adding extra assumptions on the kinematics of the three-dimensional deformations (see, e.g., [2]). Recently the problem of the rigorous derivation of lower dimensional theories has been studied using a variational approach, which is based on the analysis of the limit of the 3D elastic energy in the sense of $\Gamma$-convergence.

The first result in this direction is due to E. Acerbi, G. Buttazzo and D. Percivale (see [1]), who deduced a nonlinear model for elastic strings by means of a 3D-1D dimension reduction. The two-dimensional analogue was studied by H. Le Dret and A. Raoult who derived a nonlinear model for planar membranes (see [9]) and for shell membranes (see [10]). The more delicate case of plates was justified more recently by G. Friesecke, R.D. James and S. Müller in [4], while the case of shells was treated in [5]. For a complete survey on plate theories we refer to [6].

Concerning the derivation of one-dimensional models, the study of straight rods in the nonlinear case has been performed by M.G. Mora, S. Müller (see [11], [12]) and, independently, by O. Pantz (see [14]). In all the previous results, the different limiting models correspond to different scalings of the 3D energy in terms of the parameter describing the thickness in the case of plates and the diameter of the cross-section in the case of rods.

In this paper we deal with the case of a thin curved heterogeneous beam made of a hyperelastic material. This is a sequel to a previous work, where lower scalings of the energy were considered (see [15]).

In the following we shall denote by $\Omega$ the set $(0, L) \times D$, where $L > 0$ and $D$ is a bounded Lipschitz domain in $\mathbb{R}^2$. Given $h > 0$, we shall consider a beam, whose reference configuration is given by

$$\tilde{\Omega}_h := \{ \gamma(s) + h \xi \nu_2(s) + h \zeta \nu_3(s) : (s, \xi, \zeta) \in \Omega \},$$

where $\gamma : (0, L) \to \mathbb{R}^3$ is a smooth simple curve describing the mid-fiber of the beam, and $\nu_2, \nu_3 : (0, L) \to \mathbb{R}^3$ are two smooth vectors such that $\{ \gamma', \nu_2, \nu_3 \}$ provides an orthonormal frame along the curve. We denote with $\tau$ the unit vector $\gamma'$ tangent to the curve $\gamma$. We notice that the cross-section of the beam is constant along $\gamma$ and is given by the set $hD$. A natural parametrization of $\tilde{\Omega}_h$ is given by

$$\psi^{(h)} : \Omega \to \tilde{\Omega}_h, \quad (s, \xi, \zeta) \mapsto \gamma(s) + h \xi \nu_2(s) + h \zeta \nu_3(s),$$

which is one-to-one for $h$ small enough.
The starting point of the variational approach is the elastic energy per unit cross-section
\[ \bar{F}^h(y) := \frac{1}{h^2} \int_{\Omega} W\left( (\Psi^h)^{-1}(x), \nabla y(x) \right) dx \]
of a deformation \( y \in W^{1,2}(\Omega;\mathbb{R}^3) \). The stored energy density \( W : \Omega \times \mathbb{M}^{3 \times 3} \to [0, +\infty] \) is required to satisfy some natural properties:
- \( W \) is frame indifferent: \( W(z, RF) = W(z, F) \) for a.e. \( z \in \Omega \), every \( F \in \mathbb{M}^{3 \times 3} \), and every \( R \in SO(3) \);
- \( W(z, F) \geq C \text{dist}^2(F, SO(3)) \) for a.e. \( z \in \Omega \) and every \( F \in \mathbb{M}^{3 \times 3} \);
- \( W(z, R) = 0 \) for a.e. \( z \in \Omega \) and every \( R \in SO(3) \).

For the complete list of assumptions on \( W \) we refer to Section 2.

The goal is to provide a description of the asymptotic behaviour of \( \bar{F}^h \), as \( h \to 0 \), by means of \( \Gamma \)-convergence (see [3] for a comprehensive introduction to \( \Gamma \)-convergence).

In [15] we studied the case of energies \( \bar{F}^h \) of order \( h^\beta \) with \( \beta \in [0, 2] \). We proved that, as for straight beams, energies of order 1 correspond to stretching and shearing deformations, leading to a string theory as \( \Gamma \)-limit, while energies of order \( h^2 \) correspond to bending flexures and torsions keeping the mid-fiber unextended, leading to a rod theory as \( \Gamma \)-limit. This last result has been obtained also by P. Seppecher and C. Pideri in [17], independently. Finally, in [15] it was also shown that the \( \Gamma \)-limit of \( h^{-\beta} \bar{F}^h \) with \( \beta \in (0, 2) \) provides a degenerate model.

In this paper we consider the scalings \( h^\beta \) with \( \beta > 2 \). More precisely, we prove that if the energy \( \bar{F}^h \) is of order \( h^\beta \), then the corresponding relevant deformations are close to a rigid motion, so that the \( \Gamma \)-limit describes a partially linearized model. This result generalizes to the case of curved rods what was proved in [12] for straight rods. Furthermore, we show that the scalings \( \beta > 4 \) lead to the linearized theory for rods, while the scalings \( \beta \in (2, 4) \) correspond to a constrained linearized theory which is the analogous, in the one-dimensional case, of the von Kármán theory for plates (see [6]). We want to underline that for the intermediate scalings \( \beta \in (2, 4) \) a more delicate analysis is required in order to prove the result, as in the corresponding case in [6].

We first present a compactness result for sequences of deformations having equibounded energies \( h^{-\beta} \bar{F}^h \) with \( \beta > 2 \) (Theorem 3.3). More precisely, we prove that if \( \bar{F}^h(y^h) \leq c h^\beta, \beta > 2 \), then there exist some constants \( \bar{R}^h \in SO(3) \) such that \( \bar{R}^h \to \bar{R} \) and, up to subsequences,
\[ \nabla ((\bar{R}^h)^T \bar{g}^h) \circ \Psi^h \to I_d \quad \text{strongly in} \quad L^2(\Omega; \mathbb{M}^{3 \times 3}). \]
In other words, up to a rigid motion, the deformations \( \bar{g}^h \) converge to the identity. This naturally leads to introduce a new sequence of scaled deformations \( Y^h \), given by \( (\bar{R}^h)^T \bar{g}^h \circ \Psi^h \) (up to an additive constant) and to study the deviation of \( Y^h \) from \( \Psi^h \). To this aim, we define the scaled averaged displacement
\[ v^h(s) := \frac{1}{h^{(3-2)/2}} \int_D \left( Y^h(s, \xi, \zeta) - \Psi^h(s, \xi, \zeta) \right) d\xi d\zeta \]
and the twist angle of the cross-section
\[ w^h(s) := \frac{1}{h^{\beta/2}} \left( \frac{1}{\mu(D)} \int_D \left( Y^h(s, \xi, \zeta) - \Psi^h(s, \xi, \zeta) \right) \cdot \left( \xi \nu_3(s) - \zeta \nu_2(s) \right) d\xi d\zeta \right), \]
where \( \mu(D) := \int_D (\xi^2 + \zeta^2) d\xi d\zeta \). Finally, we introduce a function \( u^h \), which measures the extension of the mid-fiber and is given by
\[ u^h(s) := \begin{cases} \frac{1}{h^{\beta-2}} \int_{s_h}^{s} \left( \int_D \partial_s (Y^h(s, \xi, \zeta) - \Psi^h(s, \xi, \zeta)) \cdot \tau(\sigma) d\xi d\zeta \right) d\sigma & \text{if } 2 < \beta < 4, \\ \frac{1}{h^{\beta/2}} \int_{s_h}^{s} \left( \int_D \partial_s (Y^h(s, \xi, \zeta) - \Psi^h(s, \xi, \zeta)) \cdot \tau(\sigma) d\xi d\zeta \right) d\sigma & \text{if } \beta \geq 4, \end{cases} \]
where \( s_h \in (0, L) \) is chosen in such a way that \( u^h(s) \) has zero average on \( (0, L) \).

In Theorem 3.3 it is then shown that, up to subsequences, the following convergence properties are satisfied:
In the case $\beta$ where linearized elasticity (see (4.2)).

and $Q$ depends on $v$ by dimension reduction starting from linearized elasticity (see Remark 4.2).

Therefore, the function $u$ weakly in $W^{1,2}(0, L)$, for some $u \in W^{1,2}(0, L)$.

In Theorems 4.4 and 5.1 the $\Gamma$-limit of the functionals $(I^{(h)}/h^\beta)$, for $\beta \geq 4$, is identified.

In the case $\beta = 4$ we show that it is an integral functional depending on $u, v$ and $w$, of the form

$$I_4(u, v, w) := \frac{1}{2} \int_0^L Q^0(s, u' + \frac{1}{2}((v' \cdot \nu_2)^2 + (v' \cdot \nu_3)^2), B' + 2 \text{skw}(R_0^T R_0^s B)) \, ds,$$

where $B \in W^{1,2}((0, L); \mathbb{R}^{3 \times 3})$ denotes the matrix

$$B := \begin{pmatrix} 0 & -v' \cdot \nu_2 & -v' \cdot \nu_3 \\ v' \cdot \nu_2 & 0 & -w \\ v' \cdot \nu_3 & w & 0 \end{pmatrix} \tag{1.1}$$

and $Q^0$ is a quadratic form arising from a minimization problem involving the quadratic form of linearized elasticity (see (4.2)).

If $\beta > 4$ the limit functional is fully linearized and it is given by

$$I_\beta(u, v, w) := \frac{1}{2} \int_0^L Q^0(s, u', B' + 2 \text{skw}(R_0^T R_0^s B)) \, ds,$$

where $B$ and $Q^0$ are defined as before. We notice that $I_\beta$ coincides with the functional obtained by dimension reduction starting from linearized elasticity (see Remark 4.2).

Finally, in the case $\beta \in (2, 4)$, it turns out that $v$ and $u$ are linked by the following nonlinear constraint:

$$u' = -\frac{1}{2} ((v' \cdot \nu_2)^2 + (v' \cdot \nu_3)^2). \tag{1.2}$$

Therefore, the function $u$ is completely determined, once $v$ is known, and hence the limit functional depends on $v$ and $w$ only. More precisely, it is given by

$$I_\beta(v, w) := \frac{1}{2} \int_0^L Q(s, B' + 2 \text{skw}(R_0^T R_0^s B)) \, ds,$$

where $B$ is defined as in (1.1) and $Q$ is obtained by minimizing the quadratic form $Q^0$ with respect to its second argument (see (4.3)).

The last section of the paper is devoted to the extension of the previous results to the case of a thin ring. In other words, the mid-fiber of the beam is assumed to be a closed curve in $\mathbb{R}^3$. We prove that in this case the limiting functionals are finite only on the class of triples $(u, v, w)$ such that $v$ and $w$ satisfy the periodic boundary conditions $v(0) = v(L)$ and $w(0) = w(L)$ (see Theorem 6.1). Moreover, on this class the $\Gamma$-limits coincide with the previous functionals $I_\beta$ (see Theorem 6.2).

2. Notations and formulation of the problem

In this section we describe the geometry of the unstressed curved beam. Let $\gamma : [0, L] \to \mathbb{R}^3$ be a simple regular curve of class $C^3$ parametrized by the arc-length and let $\tau = \gamma'$ be its unit tangent vector. We assume that there exists an orthonormal frame of class $C^2$ along the curve. More precisely, we assume that there exists $R_0 \in C^2([0, L]; \mathbb{R}^{3 \times 3})$ such that $R_0(s) \in SO(3)$ for every $s \in [0, L]$ and $R_0(s) e_i = \tau(s)$ for every $s \in [0, L]$, where $e_i$, for $i = 1, 2, 3$, denotes the $i$-th vector of the canonical basis of $\mathbb{R}^3$ and $SO(3) = \{ R \in \mathbb{R}^{3 \times 3} : R^T R = Id, \det R = 1 \}$. We set

$$\nu_k(s) := R_0(s) e_k, \quad \text{for } k = 2, 3.$$

We can introduce three scalar functions $\varrho, k_2$ and $k_3$ in $C^1([0, L])$ such that

$$\tau'(s) = k_2(s) \nu_2(s) + k_3(s) \nu_3(s),$$

$$\nu_2'(s) = -k_2(s) \tau(s) + \varrho(s) \nu_2(s),$$

$$\nu_3'(s) = -k_3(s) \tau(s) - \varrho(s) \nu_2(s). \tag{2.1}$$
Note that the curvature of $\gamma$ can be easily recognized as $\sqrt{k_2^2 + k_3^2}$ and the torsion of $\gamma$ as $\varrho + \frac{k_2k_3'}{k_2^2 + k_3^2}$.

Let $D \subset \mathbb{R}^2$ be a bounded open connected set with Lipschitz boundary such that

$$\int_D \xi \zeta \, d\xi \, d\zeta = 0$$

(2.2)

and

$$\int_D \xi \, d\xi \, d\zeta = \int_D \zeta \, d\xi \, d\zeta = 0,$$

(2.3)

where $(\xi, \zeta)$ stands for the coordinates of a generic point of $D$. Without loss of generality, we can also assume $L^2(D) = 1$. We set $\Omega := (0, L) \times D$.

The reference configuration of the thin beam is given by

$$\tilde{\Omega}_h := \{ (s, \xi, \zeta) : (s, \xi, \zeta) \in \Omega \},$$

where $h$ is a small positive parameter. Clearly the curve $\gamma$ and the set $D$ represent the mid-fiber and the cross-section of the beam, respectively. The set $\tilde{\Omega}_h$ is parametrized by the $C^2$ map

$$\Psi^{(h)} : \Omega \rightarrow \tilde{\Omega}_h : (s, \xi, \zeta) \mapsto \gamma(s) + h \xi \nu_2(s) + h \zeta \nu_3(s),$$

which is one-to-one for $h$ small enough.

We assume that the thin beam is made of a hyperelastic material whose stored energy density $W : \Omega \times M^{3 \times 3} \rightarrow [0, +\infty]$ is a Carathéodory function satisfying the following hypotheses:

(i) there exists $\delta > 0$ such that the function $F \mapsto W(z, F)$ is of class $C^2$ on the set

$$\{ F \in M^{3 \times 3} : \text{dist}(F, SO(3)) < \delta \}$$

for a.e. $z \in \Omega$;

(ii) the second derivative $\partial^2 W/\partial F^2$ is a Carathéodory function on the set

$$\Omega \times \{ F \in M^{3 \times 3} : \text{dist}(F, SO(3)) < \delta \}$$

and there exists a constant $C_1 > 0$ such that

$$\left| \frac{\partial^2 W}{\partial F^2} (z, F)[G, G] \right| \leq C_1 |G|^2$$

for a.e. $z \in \Omega$, every $F$ with $\text{dist}(F, SO(3)) < \delta$ and every $G \in M^{3 \times 3}_{sym}$;

(iii) $W$ is frame indifferent, i.e., $W(z, RF) = W(z, F)$ for a.e. $z \in \Omega$, every $F \in M^{3 \times 3}$ and every $R \in SO(3)$;

(iv) $W(z, R) = 0$ for every $R \in SO(3)$;

(v) $\exists C_2 > 0$ independent of $z$ such that $W(z, F) \geq C_2 \text{dist}^2(F, SO(3))$ for a.e. $z \in \Omega$ and every $F \in M^{3 \times 3}$.

Notice that, since we do not require any growth condition from above, $W$ is allowed to assume the value $+\infty$ outside a neighborhood of the set $(??)$. Therefore our treatment covers the physically relevant case in which $W = +\infty$ for $\det F < 0$, $W \rightarrow +\infty$ as $\det F \rightarrow 0^+$.

Let $\tilde{y} \in W^{1,2}(\tilde{\Omega}_h; \mathbb{R}^3)$ be a deformation of $\tilde{\Omega}_h$. The elastic energy per unit cross-section associated to $\tilde{y}$ is defined by

$$\tilde{f}^{(h)}(\tilde{y}) := \frac{1}{h^2} \int_{\tilde{\Omega}_h} W\left( (\Psi^{(h)})^{-1}(x), \nabla \tilde{y}(x) \right) dx.$$

We conclude this section by analysing some properties of the map $\Psi^{(h)}$, which will be useful in the sequel. We will use the following notation: for any function $z \in W^{1,2}(\Omega; \mathbb{R}^3)$ we set

$$\nabla_h z := \left( \frac{1}{h} \partial_x z \left| \frac{1}{h} \partial_y z \right| \frac{1}{h} \partial_z z \right).$$

We observe that $\nabla_h \Psi^{(h)}$ can be written as the sum of the rotation $R_0$ and a perturbation of order $h$, that is,

$$\nabla_h \Psi^{(h)}(s, \xi, \zeta) = R_0(s) + h \left( \xi \nu_2(s) + \zeta \nu_3(s) \right) \otimes e_1.$$  \hspace{1cm} (2.4)
From this fact it follows that, as $h \to 0$,
\[ \nabla_h \Psi^{(h)}(s, \xi, \zeta) \to R_0(s) \quad \text{and} \quad \det (\nabla_h \Psi^{(h)}) \to 1 = \det R_0 \text{ uniformly}. \quad (2.5) \]

This implies that for $h$ small enough $\nabla_h \Psi^{(h)}$ is invertible at each point of $\Omega$. Since the inverse of $\nabla_h \Psi^{(h)}$ can be written as
\[ (\nabla_h \Psi^{(h)})^{-1}(s, \xi, \zeta) = R_0^T(s) - h R_0^T(s) \left[ \{ \xi \nu_2(s) + \zeta \nu_2'(s) \} \otimes \tau(s) \right] + O(h^2) \quad (2.6) \]
with $O(h^2)/h^2$ uniformly bounded, $(\nabla_h \Psi^{(h)})^{-1}$ converges to $R_0^T$ uniformly.

3. Compactness results

In this section we study the compactness properties of sequences of deformations having energy $I^{(h)}$ of order $h^3$ with $\beta > 2$. For notational convenience we prefer to write $\beta > 2$ as $2\alpha - 2$ with $\alpha > 2$. The main ingredient in the proof is the following rigidity result, proved by G. Friesecke, R.D. James and S. Müller in [4].

**Theorem 3.1.** Let $U$ be a bounded Lipschitz domain in $\mathbb{R}^n$, $n \geq 2$. Then there exists a constant $C(U)$ with the following property: for every $v \in W^{1,2}(U; \mathbb{R}^n)$ there is an associated rotation $R \in SO(n)$ such that
\[ \| \nabla v - R \|_{L^2(U)} \leq C(U) \| \text{dist}(\nabla v, SO(n)) \|_{L^2(U)}. \]

**Remark 3.2.** The constant $C(U)$ is invariant under uniform scaling of the domain; moreover it can be chosen independent of $U$ for a family of sets that are Bilipschitz images of a cube (with uniform Lipschitz constants), as remarked in [5].

Before stating the compactness theorem, let us introduce some sequences which will be widely used in the sequel. Given a sequence of deformations $Y^{(h)} : \Omega \to \mathbb{R}^3$, we consider the functions $v^{(h)} : (0, L) \to \mathbb{R}^3$, $w^{(h)}, u^{(h)} : (0, L) \to \mathbb{R}$, defined as
\begin{align*}
  v^{(h)}(s) &:= \frac{1}{h^{\alpha - 2}} \int_D (Y^{(h)}(s, \xi, \zeta) - \Psi^{(h)}(s, \xi, \zeta)) \, d\xi \, d\zeta, \\
  w^{(h)}(s) &:= \frac{1}{h^{\alpha - 1}} \left( \mu(D) \int_D (Y^{(h)}(s, \xi, \zeta) - \Psi^{(h)}(s, \xi, \zeta)) \cdot (\xi \nu_2(s) - \zeta \nu_2'(s)) \, d\xi \, d\zeta \right), \\
  u^{(h)}(s) &:= \begin{cases} 
    \frac{1}{h^{2(\alpha - 2)}} \int_{s_h}^s \int_D \partial_1 (Y^{(h)}(s, \xi, \zeta) - \Psi^{(h)}(s, \xi, \zeta)) \cdot \tau(\sigma) \, d\xi \, d\zeta \, d\sigma & \text{if } 2 < \alpha < 3, \\
    \frac{1}{h^{\alpha - 1}} \int_{s_h}^s \int_D \partial_1 (Y^{(h)}(s, \xi, \zeta) - \Psi^{(h)}(s, \xi, \zeta)) \cdot \tau(\sigma) \, d\xi \, d\zeta \, d\sigma & \text{if } \alpha \geq 3,
  \end{cases}
\end{align*}

where $s_h \in (0, L)$ is chosen in such a way that $u^{(h)}$ has zero average on $(0, L)$ and $\mu(D) := \int_D (\xi^2 + \zeta^2) \, d\xi \, d\zeta$.

Notice that $v^{(h)}$ is the averaged displacement associated with the deformation $Y^{(h)}$. The function $w^{(h)}$ describes the twist of the cross-section. Finally, $u^{(h)}$ is related to the tangential component of the displacement. More precisely, up to a suitable scaling, its derivative $(u^{(h)})'$ coincides with the average on the cross-section $D$ of the tangential divergence of $Y^{(h)} - \Psi^{(h)}$.

We are now in a position to prove the compactness result.

**Theorem 3.3.** Let $(\tilde{y}^{(h)}) \subset W^{1,2}(\tilde{\Omega}_h; \mathbb{R}^3)$ be a sequence verifying
\[ \frac{1}{h^{2\alpha - 2}} \tilde{r}^{(h)}(\tilde{y}^{(h)}) \leq c < +\infty \quad (3.4) \]
for every $h > 0$. Then there exist an associated sequence $R^{(h)} \in C^\infty((0, L); \mathbb{M}^{3 \times 3})$ and constants $\bar{R}^{(h)} \in SO(3)$, $c^{(h)} \in \mathbb{R}^3$ such that, if we define $Y^{(h)} := (\bar{R}^{(h)})^T \tilde{g}^{(h)} \circ \Psi^{(h)} - c^{(h)}$, we have

$$
\begin{align*}
R^{(h)}(s) &\in SO(3) \quad \text{for every } s \in (0, L), \\
\|R^{(h)} - I\|_{L^\infty(0, L)} &\leq C h^{\alpha - 2}, \\
\|\nabla_h Y^{(h)}(\nabla_h \Psi^{(h)})^{-1} - R^{(h)}\|_{L^2(\Omega)} &\leq C h^{\alpha - 1}.
\end{align*}
$$

(3.5) (3.6) (3.7)

Moreover, defining $v^{(h)}$, $w^{(h)}$ and $u^{(h)}$ as in (3.1), (3.2) and (3.3), we have that, up to subsequences, the following properties are satisfied:

(a) $v^{(h)} \to v$ strongly in $W^{1,2}((0, L); \mathbb{R}^3)$, with $v \in W^{2,2}((0, L); \mathbb{R}^3)$ and $v' \cdot \tau = 0$;

(b) $w^{(h)} \to w$ weakly in $W^{1,2}(0, L)$;

(c) $
\begin{align*}
u^{(h)} \to u \quad \text{strongly in } W^{1,2}(0, L) &\quad \text{if } 2 < \alpha < 3, \\
u^{(h)} \to u \quad \text{weakly in } W^{1,2}(0, L) &\quad \text{if } \alpha \geq 3.
\end{align*}
$

In addition, for $2 < \alpha < 3$ the function $u$ satisfies the following constraint:

$$u' = -\frac{1}{2}((v' \cdot \nu_2)^2 + (v' \cdot \nu_3)^2);$$

(3.8)

(d) $(\nabla_h Y^{(h)}(\nabla_h \Psi^{(h)})^{-1} - I d) / h^{\alpha - 2} \to A$ strongly in $L^2(\Omega; \mathbb{M}^{3 \times 3})$, where the matrix $A \in W^{1,2}((0, L); \mathbb{M}^{3 \times 3})$ is given by

$$A = R_0 \begin{pmatrix} 0 & -v' \cdot \nu_2 & -v' \cdot \nu_3 \\
- \nu_2 & 0 & -w \\
- \nu_3 & w & 0 \end{pmatrix} R_0^T;$$

(3.9)

(e) $(R^{(h)} - I d) / h^{\alpha - 2} \to A$ weakly in $W^{1,2}((0, L); \mathbb{M}^{3 \times 3})$;

(f) $\text{sym}(R^{\alpha} - I d) / h^{2(\alpha - 2)} \to A^2 / 2$ uniformly on $(0, L)$.

Proof. Let $(\tilde{g}^{(h)})$ be a sequence in $W^{1,2}(\tilde{\Omega}_h; \mathbb{R}^3)$ satisfying (3.4); using the change of variables $\Psi^{(h)}$ and the fact that $\det(\nabla \Psi^{(h)}) = h^2 \det(\nabla_h \Psi^{(h)})$, this estimate becomes

$$\frac{1}{h^{2\alpha - 2}} \int_\Omega W(s, \xi, \zeta, \nabla \tilde{g}^{(h)} \circ \Psi^{(h)}) \det(\nabla_h \Psi^{(h)}) ds d\xi d\zeta \leq c.$$

The coercivity assumption (v) and (2.5) imply that

$$\frac{1}{h^{2\alpha - 2}} \int_\Omega \text{dist}^2(\nabla \tilde{g}^{(h)} \circ \Psi^{(h)}, SO(3)) ds d\xi d\zeta \leq c.$$

Step 1: Construction of the approximating sequence of rotations.

As in the proof of the compactness result in [11] and [15], the key tool is the rigidity theorem 3.1. The idea is to divide the domain $\tilde{\Omega}_h$ in small curved cylinders, which are images of homotetic straight cylinders through the same Bilipschitz function. Then, we can apply the rigidity theorem to each small curved cylinder with the same constant. In this way we construct a sequence of piecewise constant rotations $Q^{(h)} : [0, L] \to SO(3)$ satisfying the estimate

$$\int_\Omega \nabla \tilde{g}^{(h)} \circ \Psi^{(h)} - Q^{(h)}|^2 ds d\xi d\zeta < c h^{2\alpha - 2}.$$

(3.10)

We include the details for the convenience of the reader. For every small enough $h > 0$, let $K_h \in \mathbb{N}$ satisfy $h \leq \frac{1}{K_h} < 2h$. For every $a \in [0, L) \cap \frac{L}{K_h} \mathbb{N}$, define the segments

$$S_{a, K_h} := \begin{cases} (a, a + 2h) & \text{if } a < L - \frac{L}{K_h}, \\ (L - 2h, L) & \text{otherwise.} \end{cases}$$
Now consider the cylinders $C_{a,h} := S_{a,K_h} \times D$ and the subsets of $\tilde{\Omega}_h$ defined by $\tilde{C}_{a,h} := \Psi(h)(C_{a,h})$. Remark that $\tilde{C}_{a,h}$ is a Bilipschitz image of a cube of size $h$, that is $(a,0,0) + h ((0,2) \times D)$, through the map $\Psi$ defined as

$$\Psi : [0,L] \times \mathbb{R}^2 \to \mathbb{R}^3, \quad (s,y_2,y_3) \mapsto \gamma(s) + y_2 \nu_2(s) + y_3 \nu_3(s).$$

By Theorem 3.1 we obtain that there exists a constant rotation $\tilde{Q}^{(h)}_a$ such that

$$\int_{\tilde{C}_{a,h}} |\nabla \tilde{y}^{(h)} - \tilde{Q}^{(h)}_a|^2 dx \leq c \int_{\tilde{C}_{a,h}} \text{dist}^2(\nabla \tilde{y}^{(h)}, SO(3)) dx. \quad (3.11)$$

In particular, since $\Psi^{(h)}((a,a + \frac{L}{K_h}) \times D) \subset \tilde{C}_{a,h}$, we get

$$\int_{\Psi^{(h)}((a,a + \frac{L}{K_h}) \times D)} |\nabla \tilde{y}^{(h)} - \tilde{Q}^{(h)}_a|^2 dx \leq c \int_{\tilde{C}_{a,h}} \text{dist}^2(\nabla \tilde{y}^{(h)}, SO(3)) dx. \quad (3.12)$$

Changing variables in the integral on the left-hand side, inequality (3.12) becomes

$$\int_{(a,a + \frac{L}{K_h}) \times D} |\nabla \tilde{y}^{(h)} \circ \Psi^{(h)} - \tilde{Q}^{(h)}_a|^2 \det(\nabla \Psi^{(h)}) ds d\xi d\zeta \leq c \int_{\tilde{C}_{a,h}} \text{dist}^2(\nabla \tilde{y}^{(h)}, SO(3)) dx$$

$$\leq c \int_{\tilde{C}_{a,h}} W((\Psi^{(h)})^{-1}(x), \nabla \tilde{y}^{(h)}(x)) dx.$$

Notice that $\det(\nabla \Psi^{(h)}) = h^2 \det(\nabla \Psi(h))$ and, since $\det(\nabla \Psi(h)) \to 1$ uniformly,

$$\int_{(a,a + \frac{L}{K_h}) \times D} |\nabla \tilde{y}^{(h)} \circ \Psi^{(h)} - \tilde{Q}^{(h)}_a|^2 ds d\xi d\zeta \leq \frac{c}{h^2} \int_{\tilde{C}_{a,h}} W((\Psi^{(h)})^{-1}(x), \nabla \tilde{y}^{(h)}(x)) dx. \quad (3.13)$$

Now define the map $Q^{(h)} : [0,L] \to SO(3)$ given by

$$Q^{(h)}(s) := \tilde{Q}^{(h)}_a \quad \text{for } s \in (a,a + \frac{L}{K_h}), a \in [0,L) \cap \frac{L}{K_h} \mathbb{N}.\)$$

Summing (3.13) over $a \in [0,L) \cap \frac{L}{K_h} \mathbb{N}$ leads to

$$\int_{\Omega} |\nabla \tilde{y}^{(h)} \circ \Psi^{(h)} - Q^{(h)}|^2 ds d\xi d\zeta \leq \frac{c}{h^2} \int_{\tilde{\Omega}_h} W((\Psi^{(h)})^{-1}(x), \nabla \tilde{y}^{(h)}(x)) dx$$

for a suitable constant independent of $h$. By (3.4) we obtain exactly (3.10).

A similar argument as in the proof of [12, Theorem 2.2] shows that for every $s \in (h,L - h)$ and every $|\delta| < h$

$$|Q^{(h)}(s + \delta) - Q^{(h)}(s)|^2 \leq c h^{2 \alpha - 3}, \quad (3.14)$$

and that for every $I' \subset (0,L)$ and every $\delta \in \mathbb{R}$ with $|\delta| < \text{dist}(I',\{0,L\})$

$$\int_{I'} |Q^{(h)}(s + \delta) - Q^{(h)}(s)|^2 ds \leq c h^{2(\alpha - 2)}(|\delta| + h)^2, \quad (3.15)$$

with $c$ independent of $I'$ and $\delta$. Now, let $\eta \in C_0^\infty(0,1)$ be such that $\eta \geq 0$, and $\int_0^1 \eta(t) dt = 1$. We set $\eta^{(h)}(t) := \frac{1}{h} \eta(t)$ and we define, as in the proof of [12, Theorem 2.2],

$$\tilde{Q}^{(h)}(s) := \int_0^h \eta^{(h)}(t) Q^{(h)}(s - t) dt, \quad s \in [0,L],$$

where we have extended $Q^{(h)}$ out of $(0,L)$ putting $Q^{(h)}(s) := Q^{(h)}(0)$ for $s \leq 0$ and $Q^{(h)}(s) := Q^{(h)}(L)$ for $s \geq L$.

By (3.14) and (3.15) it easily follows that, for every $h > 0$,

$$||Q^{(h)} - Q^{(h)}||_{L^2(0,L)} \leq C h^{\alpha - 1}, \quad ||(Q^{(h)})'||_{L^2(0,L)} \leq c h^{\alpha - 2}, \quad (3.16)$$

$$||\tilde{Q}^{(h)} - Q^{(h)}||_{L^\infty(0,L)} \leq C h^{2 \alpha - 3}. \quad (3.17)$$

In particular, estimates (3.10) and (3.16) yield

$$||\nabla \tilde{y}^{(h)} \circ \Psi^{(h)} - \tilde{Q}^{(h)}||_{L^2(\Omega)} \leq c h^{\alpha - 1}. \quad (3.18)$$
Let \( \pi : U \to SO(3) \) be a smooth projection from a neighborhood \( U \) of \( SO(3) \) onto \( SO(3) \). From (3.17) it is clear that the functions \( \tilde{Q}^{(h)} \) take values in \( U \) for \( h \) small enough; therefore, we can define \( \tilde{R}^{(h)} := \pi (\tilde{Q}^{(h)}) \). Since \( \| (\tilde{R}^{(h)})' \|_{L^2(0,L)} \leq C h^{\alpha - 2} \) by (3.16), using Sobolev-Poincaré inequality we deduce
\[
\| \tilde{R}^{(h)} - P^{(h)} \|_{L^\infty(0,L)} \leq \| (\tilde{R}^{(h)})' \|_{L^2(0,L)} \leq c h^{\alpha - 2},
\]
where \( P^{(h)} \) is the mean value of \( R^{(h)} \) over \((0,L)\). This implies that
\[
\text{dist} \left( P^{(h)}, SO(3) \right) \leq c h^{\alpha - 2},
\]
so there exists a sequence of constant rotations \( (\tilde{R}^{(h)}) \) such that \( \| P^{(h)} - \tilde{R}^{(h)} \| \leq c h^{\alpha - 2} \). By this and (3.19) we get
\[
\| \tilde{R}^{(h)} - P^{(h)} \|_{L^\infty(0,L)} \leq \| \tilde{R}^{(h)} - P^{(h)} \|_{L^\infty(0,L)} + \| P^{(h)} - \tilde{R}^{(h)} \| \leq c h^{\alpha - 2}.
\]
Finally, define \( R^{(h)} := (\tilde{R}^{(h)})^T \tilde{R}^{(h)} \); this sequence is of class \( C^\infty \) and satisfies (3.5) and (3.6). Moreover, from (3.18) we obtain
\[
\| \nabla ((\tilde{R}^{(h)})^T \tilde{g}^{(h)}) \circ \Psi^{(h)} - R^{(h)} \|_{L^2(\Omega)} \leq C h^{\alpha - 1}.
\]
Let \( c^{(h)} \in \mathbb{R}^3 \) be the average of the function \( (\tilde{R}^{(h)})^T \tilde{g}^{(h)} \circ \Psi^{(h)} - \Psi^{(h)} \) on \( \Omega \) and let us define the sequence \( Y^{(h)} := (\tilde{R}^{(h)})^T \tilde{g}^{(h)} \circ \Psi^{(h)} - c^{(h)} \). Then we can write (3.20) in terms of \( \nabla_h Y^{(h)} \) and we get
\[
\| \nabla_h Y^{(h)} (\nabla_h \Psi^{(h)})^{-1} - R^{(h)} \|_{L^2(\Omega)} \leq C h^{\alpha - 1},
\]
which is exactly (3.7).

**Step 2: Definition of the matrix \( A \).**
As in the case of a straight rod treated in [12], we consider the sequence \( A^{(h)} \) defined as
\[
A^{(h)}(s) := \frac{1}{h \alpha - 2} (R^{(h)}(s) - Id),
\]
which converges uniformly and weakly in \( W^{1,2} \) to a matrix \( A \in W^{1,2}((0,L);M^{3\times3}) \). This is exactly property (e). Since \( R^{(h)} \in SO(3) \), we have
\[
A^{(h)} + (A^{(h)})^T = -h^{\alpha - 2} (A^{(h)})^T A^{(h)}.
\]
Passing to the limit as \( h \to 0 \), we deduce that \( A \) is skew-symmetric. Moreover, after division by \( 2 h^{\alpha - 2} \) in (3.22), we get
\[
\frac{1}{h^{2(\alpha - 2)}} \text{sym} (R^{(h)} - Id) \to \frac{A^2}{2} \quad \text{uniformly},
\]
so property (f) follows. The convergence of the sequence \( A^{(h)} \), together with the estimate (3.7), imply that
\[
\frac{1}{h^{\alpha - 2}} \left( \nabla_h Y^{(h)} (\nabla_h \Psi^{(h)})^{-1} - Id \right) \to A \quad \text{strongly in } L^2(\Omega;M^{3\times3}).
\]

**Step 3: Identification of \( A \) via limiting deformations \( v \) and \( w \).**
Now we characterize the elements of \( A \) in terms of some limiting deformations. By (2.5) and (3.23) we get
\[
\frac{1}{h^{\alpha - 2}} \nabla_h (Y^{(h)} - \Psi^{(h)}) \to A R_0 \quad \text{strongly in } L^2(\Omega;M^{3\times3}),
\]
so, in particular,
\[
\frac{1}{h^{\alpha - 2}} \partial_s (Y^{(h)} - \Psi^{(h)}) \to A \tau \quad \text{strongly in } L^2(\Omega;\mathbb{R}^3).
\]
Let \( v^{(h)} \) be the sequence introduced in (3.1). By the choice of \( c^{(h)} \), it has zero average on \((0,L)\) and by (3.25) its derivative converges strongly in \( L^2((0,L);\mathbb{R}^3) \) to \( A \tau \). Therefore, by Poincaré inequality, there exists a function \( v \in W^{1,2}((0,L);\mathbb{R}^3) \) such that
\[
v^{(h)} \to v \quad \text{strongly in } W^{1,2}((0,L);\mathbb{R}^3).
Moreover, by (3.25) we obtain that \( v' = A \tau \). As \( A \) belongs to \( W^{1,2}((0, L); M^{3 \times 3}) \) and is skew-symmetric, we deduce that \( v \in W^{2,2}((0, L); \mathbb{R}^3) \) and \( v', \tau = 0 \). Then (a) is proved.

Considering the second and the third columns in (3.24) we have

\[
\frac{1}{h^{\alpha-1}} \partial_\xi (Y^{(h)} - \Psi^{(h)}) \to A \nu_2 \quad \text{and} \quad \frac{1}{h^{\alpha-1}} \partial_\xi (Y^{(h)} - \Psi^{(h)}) \to A \nu_3 \quad \text{strongly in} \quad L^2(\Omega; \mathbb{R}^3).
\]

If we apply Poincaré inequality to the function \( Y^{(h)} - \Psi^{(h)} \) on \( D \), we get

\[
|| Y^{(h)} - \Psi^{(h)} - (Y^{(h)} - \Psi^{(h)})_D ||^2_{L^2(D)} \leq c \left( || \partial_\xi (Y^{(h)} - \Psi^{(h)}) ||^2_{L^2(D)} + || \partial_\xi (Y^{(h)} - \Psi^{(h)}) ||^2_{L^2(D)} \right)
\]

for a.e. \( s \in (0, L) \), where \( (Y^{(h)} - \Psi^{(h)})_D (s) := \int_D (Y^{(h)} - \Psi^{(h)}) \, d\xi \, d\zeta \). Integrating both sides of (3.27) with respect to \( s \), we obtain that the sequence \( (Y^{(h)} - \Psi^{(h)} - (Y^{(h)} - \Psi^{(h)})_D)/h^{\alpha-1} \) is bounded in \( L^2(\Omega; \mathbb{R}^3) \); moreover, (3.26) yields that there exists a function \( q \in L^2((0, L); \mathbb{R}^3) \) such that

\[
\frac{1}{h^{\alpha-1}} (Y^{(h)} - \Psi^{(h)} - (Y^{(h)} - \Psi^{(h)})_D) \to \xi A \nu_2 + \zeta A \nu_3 + q \quad \text{strongly in} \quad L^2(\Omega; \mathbb{R}^3).
\]

Let \( w^{(h)} \) be the sequence defined in (3.2). Thanks to (2.3), it can be rewritten as

\[
w^{(h)} = \frac{1}{h^{\alpha-1}} \frac{1}{\mu(D)} \int_D (\xi A \nu_2 + \zeta A \nu_3) \cdot (\xi \nu_3 - \zeta \nu_2) \, d\xi \, d\zeta.
\]

From this expression it is clear that, using (3.28),

\[
w^{(h)} \to w = \frac{1}{\mu(D)} \int_D (\xi A \nu_2 + \zeta A \nu_3) \cdot (\xi \nu_3 - \zeta \nu_2) \, d\xi \, d\zeta = (A \nu_2) \cdot \nu_3
\]

strongly in \( L^2(0, L) \), where the last equality follows from (2.2) and from the fact that \( A \) is skew-symmetric. It remains to show that the convergence in (3.30) is actually weak in \( W^{1,2}(0, L) \). To this aim it is enough to verify the boundedness of the derivative of \( w^{(h)} \) in the \( L^2 \)-norm. We get

\[
(w^{(h)})' = \frac{1}{h^{\alpha-1}} \left( \frac{1}{\mu(D)} \int_D (\xi A \nu_2 + \zeta A \nu_3) \cdot (\xi \nu_3 - \zeta \nu_2) \, d\xi \, d\zeta \right) +
\]

\[
+ \frac{1}{h^{\alpha-1}} \left( \frac{1}{\mu(D)} \int_D (Y^{(h)} - \Psi^{(h)}) \cdot (\xi \nu_3 - \zeta \nu_2) \, d\xi \, d\zeta \right).
\]

For the last integral on the right-hand side of (3.31) the required bound can be proved using the convergence in (3.28), arguing in a similar way to (3.29)-(3.30). For the first integral notice that

\[
\frac{1}{h^{\alpha-1}} \int_D \partial_\xi (Y^{(h)} - \Psi^{(h)}) \cdot (\xi \nu_3 - \zeta \nu_2) \, d\xi \, d\zeta = \frac{1}{h^{\alpha-1}} \int_D (\partial_\xi Y^{(h)} - R^{(h)} \partial_\xi \Psi^{(h)}) \cdot (\xi \nu_3 - \zeta \nu_2) \, d\xi \, d\zeta
\]

\[
+ \frac{1}{h^{\alpha-1}} \int_D (R^{(h)} \partial_\xi \Psi^{(h)} - \partial_\xi \Psi^{(h)}) \cdot (\xi \nu_3 - \zeta \nu_2) \, d\xi \, d\zeta.
\]

In virtue of (3.21) and (2.5), the first term on right-hand side is bounded in \( L^2 \), hence it remains to control the \( L^2 \)-norm of the second integral. Now, using (2.4), we have

\[
\int_D (R^{(h)} \partial_\xi \Psi^{(h)} - \partial_\xi \Psi^{(h)}) \cdot (\xi \nu_3 - \zeta \nu_2) \, d\xi \, d\zeta = h \int_D \left[ (R^{(h)} - I_d)(\xi \nu_2' + \zeta \nu_3') \right] \cdot (\xi \nu_3 - \zeta \nu_2) \, d\xi \, d\zeta.
\]

The required bound follows from (3.6), hence (b) is shown.

As \( A \) is skew-symmetric and \( A \tau = v' \), \( (A \nu_2) \cdot \nu_3 = w \), we conclude that

\[
R_0^T A R_0 = \begin{pmatrix} 0 & v' \cdot \nu_2 & v' \cdot \nu_3 \\ v' \cdot \nu_2 & 0 & -w \\ v' \cdot \nu_3 & w & 0 \end{pmatrix},
\]

which gives (3.9).

**Step 4: Convergence of the sequence \( \{w^{(h)}\} \).**

Let \( (w^{(h)}) \) be the sequence defined in (3.3).
Consider first the case $2 < \alpha < 3$. It is easy to verify that its derivative is bounded in $L^2(0, L)$. Indeed,

$$(u^{(h)})' = \frac{1}{h^{2(a-2)}} \int_D \partial_a(Y^{(h)} - \Psi^{(h)}) \cdot \tau d\xi d\zeta = \frac{1}{h^{2(a-2)}} \int_D (\partial_a Y^{(h)} - R^{(h)} \partial_a \Psi^{(h)}) \cdot \tau d\xi d\zeta + \frac{1}{h^{2(a-2)}} \int_D (R^{(h)} \partial_a \Psi^{(h)} - \partial_a \Psi^{(h)}) \cdot \tau d\xi d\zeta.$$  

Since $\alpha < 3$, the first term converges to zero strongly in $L^2$ by (2.5) and (3.21). As for the second term, using (2.4), the fact that $R^{(h)}$ is independent of $\xi$ and $\zeta$ and (2.3), we have

$$\frac{1}{h^{2(a-2)}} \int_D (R^{(h)} \partial_a \Psi^{(h)} - \partial_a \Psi^{(h)}) \cdot \tau d\xi d\zeta \leq \frac{1}{h^{2(a-2)}} (R^{(h)} \tau - \tau)^2.$$ 

By property (f) this converges to $(A^2 \tau) \cdot \tau/2$ uniformly on $(0, L)$. As $u^{(h)}$ has zero average, by Poincaré inequality we deduce that $u^{(h)}$ converges to $u$ strongly in $W^{1,2}$, where $u$ satisfies

$$u' = \left(\frac{A^2}{2} \tau\right) \cdot \tau = -\frac{1}{2}((v' \cdot \nu_2)^2 + (v' \cdot \nu_3)^2).$$ (3.32)

In the case $\alpha \geq 3$ the derivative of $(u^{(h)})'$ can be written as

$$(u^{(h)})' = \frac{1}{h^{2(a-1)}} \int_D (\partial_a Y^{(h)} - R^{(h)} \partial_a \Psi^{(h)}) \cdot \tau d\xi d\zeta + \frac{1}{h^{2(a-2)}} \text{sym}(R^{(h)} - Id) \tau \cdot \tau.$$ 

The first term is bounded in $L^2(0, L)$ by (2.5) and (3.21), while the second term converges to zero uniformly by (f).

This concludes the proof of (c) and of the theorem. \qed 

4. LIMINF INEQUALITIES

In this section we will show a lower bound for the energy $(I^{(h)})/h^{2(a-2)}$, for all the scalings $\alpha > 2,$ and we will describe the limiting functionals.

Let $Q_3 : \Omega \times M^{3 \times 3} \rightarrow [0, +\infty)$ be twice the quadratic form of linearized elasticity, i.e.,

$$Q_3(z, G) := \frac{\partial^2 W}{\partial F^2}(z, Id)[G, G]$$ (4.1)

for every $z \in \Omega$ and every $G \in M^{3 \times 3}$. Let $Q^0 : (0, L) \times \mathbb{R} \times M^{3 \times 3}_{skew} \rightarrow [0, +\infty)$ and $Q : (0, L) \times M^{3 \times 3} \rightarrow [0, +\infty)$ be defined as

$$Q^0(s, t, F) := \min_{\varphi \in W^{1,2}(\Omega; \mathbb{R}^3)} \int_D Q_3 \left( s, \xi, \zeta, R_0 \left( F \left( \begin{array}{c} 0 \\ \psi \end{array} \right) + t e_1 \mid \partial \xi \varphi \mid \partial \zeta \varphi \right) R_0^T \right) d\xi d\zeta$$ (4.2)

and

$$Q(s, F) := \min_{t \in \mathbb{R}} Q^0(s, t, F),$$ (4.3)

respectively. For $u, w \in W^{1,2}(0, L)$ and $v \in W^{2,2}((0, L); \mathbb{R}^3)$ we introduce the functionals

$$I_\alpha(u, v, w) := \left\{ \begin{array}{ll} \frac{1}{2} \int_0^L Q^0 \left( s, u' + \frac{1}{2}((v' \cdot \nu_2)^2 + (v' \cdot \nu_3)^2), B' + 2 \text{skw} \left( R_0^T R_0^T B \right) \right) ds & \text{if } \alpha = 3, \\ \frac{1}{2} \int_0^L Q^0 \left( s, u', B' + 2 \text{skw} \left( R_0^T R_0^T B \right) \right) ds & \text{if } \alpha > 3, \end{array} \right.$$ (4.4)

and, for $2 < \alpha < 3$,

$$I_\alpha(v, w) := \frac{1}{2} \int_0^L Q(s, B' + 2 \text{skw} \left( R_0^T R_0^T B \right)) ds,$$ (4.5)
where $B \in W^{1,2}(0, L; \mathbb{M}^{3 \times 3})$ denotes the matrix

$$
B := \begin{pmatrix}
0 & -v^t \cdot v_2 & -v^t \cdot v_3 \\
v^t \cdot v_2 & 0 & -w \\
v^t \cdot v_3 & w & 0
\end{pmatrix}.
$$

(4.6)

**Remark 4.1.** It is easy to see that the minimum in (4.2) is attained, it is unique and it can be computed on the subspace

$$
Y := \left\{ \varphi \in W^{1,2}(D; \mathbb{R}^3) : \int_D \varphi \, d\xi \, d\zeta = 0, \int_D \varphi \cdot (\zeta \nu_2 - \xi \nu_3) \, d\xi \, d\zeta = 0 \right\}.
$$

(4.7)

(see [12, Remark 4.1]). Moreover the minimizer $\varphi$ depends linearly on the data $t$ and $F$. More precisely, if $t \in L^2(0, L)$ and $F \in L^2((0, L); \mathbb{M}^{3 \times 3}_\text{skew})$, then denoting with $\varphi(s, \cdot) \in Y$ the solution of the problem (4.2) with data $t(s)$ and $F(s)$, we have that $\varphi \in L^2(\Omega; \mathbb{R}^3)$ and also $\partial_s \varphi, \partial_s^2 \varphi \in L^2(\Omega; \mathbb{R}^3)$. Analogously, if $t$ solves (4.3), then $t$ depends linearly on $F$. So, if $F \in L^2((0, L); \mathbb{M}^{3 \times 3}_\text{skew})$ and $t$ is the solution to (4.3) corresponding to $F(s)$, then $t \in L^2(0, L)$.

**Remark 4.2.** The limit functionals corresponding to the scalings $2 < \alpha < 3$ and $\alpha > 3$ turn out to be linear. Notice that, in the case $2 < \alpha < 3$, the deformation $u$ is completely determined by $v$ in virtue of the constraint (3.8) in Theorem 3.3. This explains the reason why the $\Gamma$-limit obtained for this scaling does not depend on $u$. On the other hand, for $\alpha > 3$, the function $u$ is independent of $v$ and $w$ and the functional $I_\alpha$ describing the one-dimensional problem coincides with the one obtained by dimension reduction, starting from 3D linearized elasticity (see [7], [8] and [16]).

More precisely, if we assume in addition that the density $W$ is homogeneous and isotropic, that is,

$$
W(F) = W(FR) \quad \text{for every } R \in SO(3),
$$

then the quadratic form $Q_3$ is given by

$$
Q_3(G) = 2 \mu \left| \frac{G + G^T}{2} \right|^2 + \lambda (\text{tr} \, G)^2
$$

for some constants $\lambda, \mu \in \mathbb{R}$. Since for all $G \in \mathbb{M}^{3 \times 3}$ and $R \in SO(3)$ we have

$$
Q_3(RGR^T) = Q_3(G),
$$

by [11, Remark 3.5] formula (4.2) reduces to

$$
Q^0(s, t, F) = \frac{\mu (3\lambda + 2\mu)}{\lambda + \mu} (t^2 + I_2F_{12}^2 + I_2F_{13}^2) + \mu T^2,
$$

(4.8)

where $I_2 = \int_D \xi^2 \, d\xi \, d\zeta$, $I_2 = \int_D \xi^2 \, d\xi \, d\zeta$ and $T$ is the so-called torsional rigidity, which depends on the section. Therefore by (4.8), (2.2) and (2.3) the limit functional reads as follows

$$
I_\alpha(u, v, w) = \frac{1}{2} \frac{\mu (3\lambda + 2\mu)}{\lambda + \mu} \int_0^L \left( (u')^2 + I_2q_2^2 + I_3q_3^2 \right) \, ds + \frac{1}{2} \mu T \int_0^L q_1^2 \, ds,
$$

where

$q_1 := u' + k_2(v \cdot \nu_3)' - k_3(v \cdot \nu_3)' - g \left( k_2(v \cdot \nu_2) + k_3(v \cdot \nu_3) \right),

q_2 := k_2w - (v \cdot \nu_3)'' - 2g(v \cdot \nu_2)' - (v \cdot \tau) \left( k_2k_3 + g' \right) + (v \cdot \nu_2) \left( k_2k_3 + g \right) + (v \cdot \nu_3) \left( g^2 - k_2^2 \right),

q_3 := k_3w(v \cdot \nu_3)'' - 2g(v \cdot \nu_2)' - (v \cdot \tau) \left( k_2k_3 + g \right) - (v \cdot \nu_2) \left( g^2 - k_2^2 \right) + (v \cdot \nu_3) \left( k_2k_3 - g' \right).

This is the functional derived in [7], [8] and [16], starting from linearized elasticity.

Now we are ready to show a lower bound for the functionals $h^{-\alpha} \tilde{I}_h$ with $2 < \alpha < 3$.

**Theorem 4.3** (Case $2 < \alpha < 3$). Let $w \in W^{1,2}(0, L)$ and let $v \in W^{2,2}(0, L; \mathbb{R}^3)$ be such that $v' = \tau$. Then, for every positive sequence $(h_j)$ converging to zero and every sequence $(\tilde{y}(h_j)) \subset W^{1,2}(\tilde{Q}_{h_j, \mathbb{R}^3})$ such that the sequence $Y^{(h_j)} := \tilde{y}(h_j) \circ \Psi(h_j)$ satisfies the properties (a), (b) and (d) of Theorem 3.3, it turns out that

$$
\liminf_{j \to \infty} \frac{1}{h_j^{2\alpha}} \int_{\tilde{Q}_{h_j}} W\left( (\Psi^{(h_j)})^{-1}(x), \nabla \tilde{y}^{(h_j)}(x) \right) \, dx \geq I_\alpha(v, w),
$$

(4.9)
where $I_a$ is introduced in (4.5).

**Proof.** In the following, we will write simply $h$ instead of $h_j$. Let $(\tilde{y}^{(h)})$ be a sequence such that $Y^{(h)} := \tilde{y}^{(h)} \circ \Psi^{(h)}$ satisfies the required assumptions.

**First step: lower bound for the energy.** We can suppose that

$$\liminf_{h \to 0} \frac{1}{h^{2\alpha}} \int_{\Omega_h} W\left((\Psi^{(h)})^{-1}(x), \nabla \tilde{y}^{(h)}(x)\right) dx \leq c < +\infty,$$

otherwise (4.9) is trivial. Therefore, up to subsequences, (3.4) is satisfied. By Theorem 3.3 we get the existence of a sequence $R^{(h)} : [0, L] \to SO(3)$ such that

$$||\nabla_h Y^{(h)}(\nabla_h \Psi^{(h)})^{-1} - R^{(h)}||_{L^2(\Omega)} \leq c h^{\alpha^{-1}}$$

and $R^{(h)} \to Id$ uniformly. Define the functions $G^{(h)} : \Omega \to M_3^{3 \times 3}$ as

$$G^{(h)} := \frac{1}{h^{2\alpha-1}} \left((R^{(h)})^T \nabla_h Y^{(h)}(\nabla_h \Psi^{(h)})^{-1} - Id\right).$$

By (4.10) they are bounded in $L^2(\Omega; M_3^{3 \times 3})$, so there exists $G \in L^2(\Omega; M_3^{3 \times 3})$ such that $G^{(h)} \to G$ weakly in $L^2(\Omega; M_3^{3 \times 3})$. We claim that

$$\liminf_{h \to 0} \frac{1}{h^{2\alpha}} \int_{\Omega_h} W\left((\Psi^{(h)})^{-1}(x), \nabla \tilde{y}^{(h)}(x)\right) dx \geq \frac{1}{2} \int_{\Omega} Q_3(s, \xi, \zeta, G) ds d\xi d\zeta. \quad (4.12)$$

Performing the change of variables $\Psi^{(h)}$ and using the frame indifference of $W$, we have

$$\frac{1}{h^{2\alpha}} \int_{\Omega_h} W\left((\Psi^{(h)})^{-1}(x), \nabla \tilde{y}^{(h)}(x)\right) dx = \frac{1}{h^{2\alpha-2}} \int_{\Omega} W\left(s, \xi, \zeta, \nabla \tilde{y}^{(h)} \circ \Psi^{(h)}\right) det(\nabla_h \Psi^{(h)}) ds d\xi d\zeta$$

$$= \frac{1}{h^{2\alpha-2}} \int_{\Omega} W\left(s, \xi, \zeta, (\nabla_h Y^{(h)}) (\nabla_h \Psi^{(h)})^{-1}\right) det(\nabla_h \Psi^{(h)}) ds d\xi d\zeta. \quad (4.13)$$

We introduce the functions

$$\chi^{(h)}(s, \xi, \zeta) := \begin{cases} 1 & \text{if } |G^{(h)}(s, \xi, \zeta)| \leq h^{2-\alpha}, \\ 0 & \text{otherwise}. \end{cases}$$

From the boundedness of $G^{(h)}$ in $L^2(\Omega; M_3^{3 \times 3})$ we get that $\chi^{(h)} \to 1$ boundedly in measure, so that

$$\chi^{(h)} G^{(h)} \to G \text{ weakly in } L^2(\Omega; M_3^{3 \times 3}). \quad (4.14)$$

By expanding $W$ around the identity, we obtain that for every $(s, \xi, \zeta) \in \Omega$ and $A \in M_3^{3 \times 3}$

$$W\left(s, \xi, \zeta, Id + A\right) = \frac{1}{2} \frac{\partial^2 W}{\partial F^2}(s, \xi, \zeta, Id + t A)[A, A],$$

where $0 < t < 1$ depends on the point $(s, \xi, \zeta)$ and on $A$. By (4.13) and by the definition of $G^{(h)}$ we have

$$\frac{1}{h^{2\alpha}} \tilde{f}^{(h)}(\tilde{y}^{(h)}) = \frac{1}{h^{2\alpha-2}} \int_{\Omega} W\left(s, \xi, \zeta, Id + h^{\alpha-1} G^{(h)}\right) det(\nabla_h \Psi^{(h)}) ds d\xi d\zeta$$

$$\geq \frac{1}{h^{2\alpha-2}} \int_{\Omega} \chi^{(h)} W\left(s, \xi, \zeta, Id + h^{\alpha-1} G^{(h)}\right) det(\nabla_h \Psi^{(h)}) ds d\xi d\zeta$$

$$= \frac{1}{2} \int_{\Omega} \chi^{(h)} \left(\frac{\partial^2 W}{\partial F^2}(s, \xi, \zeta, Id + h^{\alpha-1} t(h) G^{(h)}) [G^{(h)}, G^{(h)}]\right) det(\nabla_h \Psi^{(h)}) ds d\xi d\zeta,$$
where $0 < t(h) < 1$ depends on $(s, \xi, \zeta)$ and on $G^{(h)}$. For the last integral in the previous formula we have that
\[
\int_{\Omega} \chi^{(h)} \left( \frac{\partial^2 W}{\partial F^2} (s, \xi, \zeta, Id + h^{\alpha-1} t(h) G^{(h)}) [G^{(h)}, G^{(h)}] \right) \det (\nabla_h \Psi^{(h)}) \, ds \, d\xi \, d\zeta =
\]
\[
\int_{\Omega} \chi^{(h)} \left( \frac{\partial^2 W}{\partial F^2} (s, \xi, \zeta, Id + h^{\alpha-1} t(h) G^{(h)}) [G^{(h)}, G^{(h)}] - Q_3 (s, \xi, \zeta, G^{(h)}) \right) \det (\nabla_h \Psi^{(h)}) \, ds \, d\xi \, d\zeta
\]
\[
+ \int_{\Omega} Q_3 (s, \xi, \zeta, \chi^{(h)} G^{(h)}) \det (\nabla_h \Psi^{(h)}) \, ds \, d\xi \, d\zeta.
\] (4.15)

Notice that the second integral is lower semicontinuous with respect to the weak topology of $L^2$; so, the claim follows from (4.14), once we prove that the first term in (4.15) can be neglected for $h$ small enough. To this aim, we apply Scorza-Dragoni theorem to the function $\partial^2 W/\partial F^2$ and we have that there exists a compact set $K \subset \Omega$ such that the function $\partial^2 W/\partial F^2$ restricted to $K \times B_{\delta}(Id)$ is continuous, hence uniformly continuous, and the measure of $\Omega \setminus K$ is small. Since $h^{\alpha-1} t(h) \chi^{(h)} G^{(h)}$ is uniformly small for $h$ small enough, for every $\varepsilon > 0$ we have
\[
\frac{1}{2} \int_{\Omega} \chi^{(h)} \left( \frac{\partial^2 W}{\partial F^2} (s, \xi, \zeta, Id + h^{\alpha-1} t(h) G^{(h)}) [G^{(h)}, G^{(h)}] - Q_3 (s, \xi, \zeta, G^{(h)}) \right) \det (\nabla_h \Psi^{(h)}) \, ds \, d\xi \, d\zeta
\]
\[
\geq - \frac{\varepsilon}{2} \int_{K} \chi^{(h)} |G^{(h)}|^2 \det (\nabla_h \Psi^{(h)}) \, ds \, d\xi \, d\zeta \geq - C \varepsilon
\]
for $h$ small enough. Hence, being $\varepsilon$ arbitrary, (4.12) is proved.

Since, by frame indifference, the quadratic form $Q_3$ depends only on the symmetric part of $G$, we obtain the bound
\[
\liminf_{h \to 0} \frac{1}{h^{2\alpha}} \int_{\Omega} W \left( (\Psi^{(h)})^{-1} (x), \nabla \tilde{\psi}^{(h)}(x) \right) dx \geq \frac{1}{2} \int_{\Omega} Q_3 (s, \xi, \zeta, \tilde{G}) ds \, d\xi \, d\zeta,
\] (4.16)
where $\tilde{G}$ denotes the symmetric part of $G$.

Second step: identification of $\tilde{G}$. In order to identify $\tilde{G}$, we first notice that, since $R^{(h)} \to Id$ uniformly,
\[
R^{(h)} G^{(h)} = \frac{1}{h^{\alpha-1}} \left( \nabla_h Y^{(h)} \left( \nabla_h \Psi^{(h)} \right)^{-1} - R^{(h)} \right) \to G
\]
weakly in $L^2(\Omega; \mathbb{M}^{3 \times 3})$; moreover, by (2.5),
\[
R^{(h)} G^{(h)} \nabla_h \Psi^{(h)} = \frac{1}{h^{\alpha-1}} \left( \nabla_h Y^{(h)} - R^{(h)} \nabla_h \Psi^{(h)} \right) \to G R_0.
\] (4.17)
In particular, considering the second and the third columns in (4.17) we get
\[
R^{(h)} G^{(h)} Y_2 = \frac{1}{h^\alpha} \partial_\xi (Y^{(h)} - R^{(h)} \Psi^{(h)}) = \frac{1}{h^\alpha} \left( \partial_\xi Y^{(h)} - h R^{(h)} Y_2 \right) \to G Y_2
\]
and
\[
R^{(h)} G^{(h)} Y_3 = \frac{1}{h^\alpha} \partial_\xi (Y^{(h)} - R^{(h)} \Psi^{(h)}) = \frac{1}{h^\alpha} \left( \partial_\xi Y^{(h)} - h R^{(h)} Y_3 \right) \to G Y_3.
\]
Let us define the functions $\tilde{\beta}^{(h)} : \Omega \to \mathbb{R}^3$ as
\[
\tilde{\beta}^{(h)} (s, \xi, \zeta) := \frac{1}{h^\alpha} \left( Y^{(h)} - h \xi R^{(h)} Y_2 - h \zeta R^{(h)} Y_3 \right).
\]
Easy computations show that
\[
\partial_\xi \tilde{\beta}^{(h)} = R^{(h)} G^{(h)} Y_2 \quad \text{and} \quad \partial_\zeta \tilde{\beta}^{(h)} = R^{(h)} G^{(h)} Y_3,
\] (4.18)
hence $\partial_\xi \tilde{\beta}^{(h)}$ and $\partial_\zeta \tilde{\beta}^{(h)}$ are bounded in $L^2(\Omega)$. By Poincaré inequality, this implies that
\[
||| \tilde{\beta}^{(h)} - \tilde{\beta}^{(h)}_D |||_{L^2(\Omega)} \leq C \left( ||| \partial_\xi \tilde{\beta}^{(h)} |||_{L^2(\Omega)} + ||| \partial_\zeta \tilde{\beta}^{(h)} |||_{L^2(\Omega)} \right) \leq c,
\]
where $\tilde{\beta}^{(h)}_D (s) := \int_D \tilde{\beta}^{(h)} (s, \xi, \zeta) \, d\xi \, d\zeta$. Therefore, there exists a function $\beta \in L^2(\Omega; \mathbb{R}^3)$ such that
\[
\beta^{(h)} := \tilde{\beta}^{(h)} - \tilde{\beta}^{(h)}_D \to \beta \quad \text{weakly in} \quad L^2(\Omega; \mathbb{R}^3).
\] (4.19)
Using this identity in (4.26) we have
\[ G \nu_2 = \partial_\xi \beta \quad \text{and} \quad G \nu_3 = \partial_\zeta \beta. \] (4.20)

Considering the first columns in (4.17) we have
\[ R^{(h)}G^{(h)}\partial_s \Psi^{(h)} = \frac{1}{h^{\alpha-3}} \left( \partial_s Y^{(h)} - R^{(h)}\partial_s \Psi^{(h)} \right) \to G \tau. \] (4.21)

Using (2.4) and the definitions of \( \tilde{\beta}_D^{(h)} \) and \( \beta^{(h)} \), we can write
\[ R^{(h)}G^{(h)}\partial_s \Psi^{(h)} = \frac{1}{h^{\alpha-3}} \left( \partial_s Y^{(h)} - h \xi R^{(h)} \nu^2 - h \zeta R^{(h)} \nu^3 \right) - \frac{1}{h^{\alpha-3}} R^{(h)}\tau \\
= h \partial_s \beta^{(h)} + \frac{1}{h^{\alpha-2}} (R^{(h)})' (\xi \nu_2 + \zeta \nu_3) + \frac{1}{h^{\alpha-3}} \int_D (\partial_s Y^{(h)} - R^{(h)}\tau) \, d\xi \, d\zeta. \] (4.22)

By (4.19) it follows that
\[ h \partial_s \beta^{(h)} \to 0 \quad \text{weakly in} \quad W^{-1.2}(\Omega; \mathbb{R}^3). \] (4.23)

Moreover, from (4.10), it turns out that there exists \( g \in L^2((0, L); \mathbb{R}^3) \) such that
\[ \frac{1}{h^{\alpha-3}} \int_D (\partial_s Y^{(h)} - R^{(h)}\tau) \, d\xi \, d\zeta = \frac{1}{h^{\alpha-3}} \int_D (\partial_s Y^{(h)} - R^{(h)}\partial_s \Psi^{(h)}) \, d\xi \, d\zeta \to g \] (4.24)

weakly in \( L^2((0, L); \mathbb{R}^3) \). Passing to the limit in (4.22) and using (4.21), (4.24), (4.23), and property (e) of Theorem 3.3, we obtain
\[ G \tau = A' (\xi \nu_2 + \zeta \nu_3) + g. \] (4.25)

Finally, by (4.20) and (4.25) we have that
\[ GR_0 = \left( A' \right) \begin{pmatrix} 0 \\ \xi \\ \zeta \end{pmatrix} + g \begin{pmatrix} \partial_\xi \beta \\ \partial_\zeta \beta \end{pmatrix}. \]

As \( \text{sym} \left( R_0^T G R_0 \right) = R_0^T \tilde{G} R_0 \), we deduce that
\[ R_0^T \tilde{G} R_0 = \text{sym} \left( R_0^T A' R_0 \begin{pmatrix} 0 \\ \xi \\ \zeta \end{pmatrix} + g \begin{pmatrix} \partial_\xi \beta \\ \partial_\zeta \beta \end{pmatrix} \right), \]

where \( \tilde{\beta} := R_0^T \beta \) and \( \tilde{g} := R_0^T g \). If we define \( \varphi := \beta + \xi (\tilde{g} \cdot e_2) e_1 + \zeta (\tilde{g} \cdot e_3) e_1 \), we obtain the expression
\[ R_0^T \tilde{G} R_0 = \text{sym} \left( R_0^T A' R_0 \begin{pmatrix} 0 \\ \xi \\ \zeta \end{pmatrix} + (\tilde{g} \cdot e_1) e_1 \begin{pmatrix} \partial_\xi \varphi \\ \partial_\zeta \varphi \end{pmatrix} \right). \] (4.26)

Now, let us rewrite the previous expression in terms of the matrix \( B \) defined in (4.6), noticing that \( A = R_0 B R_0^T \). It turns out that
\[ A' = R_0' B R_0^T + R_0 B' R_0^T + R_0 B (R_0^T)', \]
hence
\[ R_0^T A' R_0 = R_0^T R_0' B + B' + B (R_0^T)' R_0. \]

Since \( B \) is skew-symmetric, we deduce
\[ R_0^T A' R_0 = B' + 2 \text{skw} \left( R_0^T R_0' B \right). \] (4.27)

Using this identity in (4.26) we have
\[ R_0^T \tilde{G} R_0 = \text{sym} \left( B' + 2 \text{skw} \left( R_0^T R_0' B \right) \begin{pmatrix} 0 \\ \xi \\ \zeta \end{pmatrix} + (\tilde{g} \cdot e_1) e_1 \begin{pmatrix} \partial_\xi \varphi \\ \partial_\zeta \varphi \end{pmatrix} \right). \]

Finally, as
\[ \tilde{g} \cdot e_1 = (R_0^T g) \cdot e_1 = g \cdot (R_0 e_1) = g \cdot \tau, \]
we conclude that
\[
R_0^3 \tilde{G} R_0 = \text{sym} \left( \left( B' + 2 \text{skw}(R_0^T R_0 B) \right) \begin{pmatrix} 0 \\ \xi \\ \zeta \end{pmatrix} + (g \cdot \tau) e_1 \right) \partial_{\xi \varphi} \left| \partial_{\zeta \varphi} \right).
\] (4.28)

Third step: description of the limit functional. Since \( \varphi(s, \cdot) \in W^{1,2}(D; \mathbb{R}^3) \) for a.e. \( s \in (0, L) \), using (4.16), (4.28) and the definition of \( Q \), we obtain exactly (4.9).

It remains to show the lower bound for the functionals \( h^{-\alpha} I^h \) with \( \alpha \geq 3 \).

**Theorem 4.4 (Case \( \alpha \geq 3 \)).** Let \( u, w \in W^{1,2}(0, L) \) and let \( v \in W^{2,2}((0, L); \mathbb{R}^3) \) be such that \( v' \cdot \tau = 0 \). Then, for every positive sequence \( (h_j) \) converging to zero and every sequence \( \tilde{g}^{(h_j)} \in W^{1,2}(\tilde{\Omega}_{h_j}; \mathbb{R}^3) \) such that the sequence \( Y^{(h_j)} := \tilde{g}^{(h_j)} \circ \psi^{(h_j)} \) satisfies the properties (a)-(d) of Theorem 3.3, it turns out that
\[
\liminf_{j \to \infty} \frac{1}{h_j^3} \int_{\tilde{\Omega}_{h_j}} W \left( (\psi^{(h_j)})^{-1}(x), \nabla \tilde{g}^{(h_j)}(x) \right) dx \geq I_3(u, v, w),
\] (4.29)
where \( I_3 \) is defined as in (4.4).

**Proof.** We can repeat exactly what we did in the first two steps of the proof of Theorem 4.3. At this point, let us distinguish the cases \( \alpha = 3 \) and \( \alpha > 3 \).

Case \( \alpha = 3 \).

Starting from (4.24), we can identify the tangential component of \( g \). Indeed, observe that, if we write
\[
\int_D (\partial_{\nu} Y^{(h)} - R^{(h)} \tau) \cdot \tau d\xi d\zeta = \int_D \partial_{\nu} (Y^{(h)} - \psi^{(h)}) \cdot \tau d\xi d\zeta - \int_D (R^{(h)} \tau - \tau) \cdot \tau d\xi d\zeta,
\]
by the definition of \( (u^{(h)}) \) we get
\[
\frac{1}{h^{\alpha - \tau}} \int_D (\partial_{\nu} Y^{(h)} - R^{(h)} \tau) \cdot \tau d\xi d\zeta = (u^{(h)})' - \frac{1}{h^{\alpha - \tau}} \int_D (R^{(h)} \tau - \tau) \cdot \tau d\xi d\zeta.
\] (4.30)

If we let \( h \to 0 \) in (4.30) we obtain, from (4.24) and in virtue of property (f) in Theorem 3.3,
\[
g \cdot \tau = u' - \frac{1}{2} (A^2 \tau) \cdot \tau.
\] (4.31)

Notice that, using the explicit expression of \( A \) given in (3.9), we have
\[
\frac{1}{2} (A^2 \tau) \cdot \tau = -\frac{1}{2} ((v' \cdot \nu_2)^2 + (v' \cdot \nu_3)^2).
\] (4.32)

Now, by (4.26),(4.31) and (4.32), we can write the expression of \( \tilde{G} \) in this case, which turns to be
\[
\tilde{G} = R_0 \text{sym} \left( \left( B' + 2 \text{skw}(R_0^T R_0 B) \right) \begin{pmatrix} 0 \\ \xi \\ \zeta \end{pmatrix} + (u' + \frac{1}{2} ((v' \cdot \nu_2)^2 + (v' \cdot \nu_3)^2)) e_1 \right) \partial_{\xi \varphi} \left| \partial_{\zeta \varphi} \right) R_0^T.
\] (4.33)

Since \( \varphi(s, \cdot) \in W^{1,2}(D; \mathbb{R}^3) \) for a.e. \( s \in (0, L) \), using the definition of \( Q^0 \) the bound (4.16) becomes, as we claimed,
\[
\liminf_{h \to 0} \frac{1}{h} \int_{\tilde{\Omega}_h} W \left( (\psi^{(h)})^{-1}(x), \nabla \tilde{g}^{(h)}(x) \right) dx \geq I_3(u, v, w),
\]
with \( I_3 \) defined in (4.4).

Case \( \alpha > 3 \).

If we let \( h \to 0 \) in (4.30) we obtain from (4.24) and in virtue of property (f) in Theorem 3.3,
\[
g \cdot \tau = u'.
\]

In fact, being \( \alpha > 3 \), it turns out that \( \alpha - 1 < 2(\alpha - 2) \), so
\[
\text{sym} \left( R^{(h)} - \text{Id} \right) / h^{\alpha - 1} \to 0 \quad \text{uniformly on (0, L)}.
\]
Now we can write down the expression of $\tilde{G}$ for $\alpha > 3$, that is
\[
\tilde{G} = R_0 \text{sym} \left( \left( B' + 2 \text{skw} (R_0^T R_0 B) \right) \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) + u' e_1 \left| \partial_{\xi} \varphi \right| \left| \partial_{\zeta} \varphi \right| R_0^T \right).
\] (4.34)

Since $\varphi(s, \cdot) \in W^{1,2}(D; \mathbb{R}^3)$ for a.e. $s \in (0, L)$, using (4.16), (4.34) and the definition of $Q^0$, we obtain exactly (4.29), as we claimed. 

5. Construction of the recovery sequences

In this section we show that the lower bounds obtained in Theorems 4.3 and 4.4 are optimal. Also in this case the scalings $2 < \alpha < 3$ and $\alpha \geq 3$ will be treated separately. However, we will first consider the higher scalings $h^\alpha$ with $\alpha \geq 3$, since as in in [6], the case $2 < \alpha < 3$ turns out to be very delicate and requires a more detailed analysis.

5.1. Higher scaling. Let us consider the higher scalings of the energy, that is the case $\alpha \geq 3$.

**Theorem 5.1** (Case $\alpha \geq 3$). For every $u, v \in W^{1,2}(0, L)$ and $v \in W^{2,2}(0, L; \mathbb{R}^3)$ such that $v' \cdot \tau = 0$ there exists a sequence $(\tilde{y}^{(h)}) \subset W^{1,2}(\Omega_h; \mathbb{M}^{3 \times 3})$ such that, setting $Y^{(h)} := \tilde{y}^{(h)} \circ \psi^{(h)}$, we have
\[
\begin{align*}
(\nabla_h Y^{(h)} (\nabla_h \psi^{(h)})^{-1} - I_d)/h^\alpha &\to A \quad \text{strongly in } L^2(\Omega; \mathbb{M}^{3 \times 3}); \\
v^{(h)} &\to v \quad \text{strongly in } W^{1,2}(0, L); \\
w^{(h)} &\to w \quad \text{weakly in } W^{1,2}(0, L); \\
u^{(h)} &\to u \quad \text{weakly in } W^{1,2}(0, L),
\end{align*}
\]
where $A$, $v^{(h)}$, $u^{(h)}$, and $w^{(h)}$ are defined as in (3.9), (3.1), (3.3) and (3.2). Moreover,
\[
\limsup_{h \to 0} \frac{1}{h^{2\alpha}} \int_{\Omega_h} W \left( (\psi^{(h)})^{-1}(x), \nabla \tilde{y}^{(h)}(x) \right) dx \leq I_\alpha(u, v, w),
\] (5.1)
where $I_\alpha$ is defined in (4.4).

**Proof.** As first step we assume to deal with more regular functions; more precisely, we require that $u, v \in C^1[0, L]$ and $v \in C^2((0, L]; \mathbb{R}^3)$.

As in [12], let us define the functions $\gamma_2, \gamma_3, \kappa^{(h)} : [0, L] \to \mathbb{R}^3$ in the following way:
\[
\begin{align*}
\gamma_2(s) &:= 2 w (v' \cdot \nu_3) e_1 + (w^2 + (v' \cdot \nu_2)^2) e_2 + (v' \cdot \nu_2) (v' \cdot \nu_3) e_3, \\
\gamma_3(s) &:= -2 w (v' \cdot \nu_2) e_1 + (v' \cdot \nu_2) (v' \cdot \nu_3) e_2 + (w^2 + (v' \cdot \nu_3)^2) e_3, \\
\kappa^{(h)}(s, \xi, \zeta) &:= (1 - h \xi k_2 - h \zeta k_3) \tau,
\end{align*}
\] (5.2)-(5.3)-(5.4)
where $k_2$ and $k_3$ are the scalar functions defined in (2.1). Finally, let $\varphi \in C^1(\Omega; \mathbb{R}^3)$ and let $\beta : \Omega \to \mathbb{R}^3$ be
\[
\beta(s, \xi, \zeta) := \begin{cases} 
R_0(s) \varphi(s, \xi, \zeta) - \frac{1}{2} \xi R_0(s) \gamma_2(s) - \frac{1}{2} \zeta R_0(s) \gamma_3(s) & \text{if } \alpha = 3, \\
R_0(s) \varphi(s, \xi, \zeta) & \text{if } \alpha > 3.
\end{cases}
\] (5.5)

For every $h > 0$ consider the function $Y^{(h)} : \Omega \to \mathbb{R}^3$ defined as
\[
Y^{(h)} = \psi^{(h)} + h^{\alpha-2} v + h^{\alpha-1} u \kappa^{(h)} + h^{\alpha-1} \xi A \nu_2 + h^{\alpha-1} \zeta A \nu_3 + h^\alpha \beta,
\] (5.6)
where the matrix $A$ is defined as in (3.9).

Let us compute the scaled gradient of the deformation $Y^{(h)}$. First of all notice that $\nabla_h \kappa^{(h)} = (\tau' - (\tau' \cdot \nu_2) \tau - (\tau' \cdot \nu_3) \tau) + O(h)$, and that
\[
(\tau' - (\tau' \cdot \nu_2) \tau - (\tau' \cdot \nu_3) \tau) = (\tau' \otimes \tau - \tau \otimes \tau') R_0.
\] (5.7)
Hence, the scaled gradient turns to be
\[
\nabla_h Y(h) = \nabla_h \psi(h) + h^{\alpha-2} A R_0 + h^{\alpha-1} \begin{pmatrix} (A R_0) & 0 \\ \xi & \zeta \end{pmatrix} + u' \tau \bigg| \partial_\xi \beta \bigg| \partial_\zeta \beta \bigg) + h^{\alpha-1} u \left( \tau' \otimes \tau - \tau \otimes \tau' \right) R_0 + O(h^\alpha).
\]
(5.8)

So we have that, by (2.6),
\[
\frac{1}{h^{\alpha-2}} \left( \nabla_h Y(h) \right) \left( \nabla_h \psi(h) \right)^{-1} \left( \frac{\partial_\xi \beta}{\partial_\zeta \beta} \right) = A = O(h)
\]
and this proves (i). Now remark that, if we define \( v \) as in (3.1), we have, using (2.3),
\[
v(h) = v + h u \tau + h^2 \int_D \beta d\xi d\zeta,
\]
so also (ii) follows. For the sequence \( w(h) \) defined as in (3.2) we get, by (2.2) and (2.3),
\[
w(h) = \frac{1}{\mu(D)} \int_D \left( \xi A \nu_3 + \zeta A \nu_3 + h \beta \right) \cdot \left( \xi \nu_3 - \zeta \nu_3 \right) d\xi d\zeta
= (A \nu_3 \nu_3) + O(h),
\]
which is exactly \( w \), up to a perturbation of order \( h \). This proves (iii).

Moreover, if we define \( u(h) \) as in (3.3) we have
\[
\left( u(h) \right)' = \frac{1}{h} \int_D \left( u' \tau + h u' + h^2 \partial_\xi \beta \cdot \tau \right) d\xi d\zeta = u' + h \int_D \partial_\xi \beta \cdot \tau d\xi d\zeta
\]
(5.9)
hence the convergence property in (iv) is also proved.

Once all these properties are satisfied, we can show (5.1). Using (2.6) and (5.8) we have
\[
Z(h) := \nabla_h Y(h) \left( \nabla_h \psi(h) \right)^{-1} = Id + h^{\alpha-2} \left( A + h u' \tau \otimes \tau + h \left( \begin{pmatrix} 0 \\ \xi \end{pmatrix} \bigg| \partial_\xi \beta \right) R_0^T \right)
+ h^{\alpha-1} u \left( \tau' \otimes \tau - \tau \otimes \tau' \right) + O(h^\alpha).
\]
(5.10)

Using the identity \((Id + B^T)(Id + B) = Id + 2 \text{sym} \ B + B^T B\), we obtain for the nonlinear strain
\[
\left( Z(h) \right)^T Z(h) = Id + 2 h^{\alpha-1} \text{sym} \left( \left( \begin{pmatrix} 0 \\ \xi \end{pmatrix} \big| \partial_\xi \beta \big| \partial_\zeta \beta \right) R_0^T \right) + 2 h^{\alpha-1} u' \tau \otimes \tau
+ h^{2(\alpha-2)} A^T A + O(h^{2(\alpha-2)}),
\]
(5.11)
where \( o(h^\gamma) \to 0 \) uniformly as \( h \to 0 \).

Now, let us distinguish the cases \( \alpha = 3 \) and \( \alpha > 3 \).

Case \( \alpha = 3 \).

Notice that if we specify \( \alpha = 3 \) in (5.11), all the terms are of the same order with respect to \( h \),\
that is of order 2. Taking the square root we have that
\[
\left( \left( Z(h) \right)^T Z(h) \right)^{1/2} = Id + h^2 \tilde{G} + O(h^3),
\]
(5.12)
where
\[
\tilde{G} := u' \tau \otimes \tau + \text{sym} \left( \left( \begin{pmatrix} 0 \\ \xi \end{pmatrix} \bigg| \partial_\xi \beta \bigg| \partial_\zeta \beta \right) R_0^T \right) - \frac{A^2}{2}.
\]
In order to write $\tilde{G}$ in a more useful way, notice that, by (3.9),
\[
\tilde{G} = R_0 \left[ \text{sym} \left( R_0^T A' R_0 \left( \begin{array}{c} 0 \\ \zeta \end{array} \right) \right) + \left( u' + \frac{1}{2} ((v' \cdot \nu_2)^2 + (v' \cdot \nu_3)^2) \right) e_1 \left| \partial_\zeta (R_0^T \beta) \right| \left| \partial_\zeta (R_0^T \beta) \right| \right] R_0^T
\]
\[
+ \frac{1}{2} R_0 \left( \begin{array}{ccc} 0 & w(v' \cdot \nu_3) & -w(v' \cdot \nu_2) \\ w(v' \cdot \nu_3) & w^2 + (v' \cdot \nu_2)^2 & (v' \cdot \nu_2)(v' \cdot \nu_3) \\ -w(v' \cdot \nu_2) & (v' \cdot \nu_2)(v' \cdot \nu_3) & w^2 + (v' \cdot \nu_3)^2 \end{array} \right) R_0^T.
\]
(5.13)

We can rewrite (5.13) in terms of $\varphi$ and $B$, using (4.27) and (5.5), as
\[
\tilde{G} = \text{sym} \left[ R_0 \left( \left( B' + 2 \text{skw}(R_0^T R_0') B \right) \left( \begin{array}{c} 0 \\ \zeta \end{array} \right) \right) + \left( u' + \frac{1}{2} ((v' \cdot \nu_2)^2 + (v' \cdot \nu_3)^2) \right) e_1 \left| \partial_\zeta \varphi \right| \left| \partial_\zeta \varphi \right| \right] R_0^T.
\]

From the frame-indifference of the energy density $W$, since $\det((\nabla_h \Psi(h)) (\nabla_h \Psi(h))^{-1}) > 0$ for sufficiently small $h$, we have
\[
W(s, \xi, \zeta, Z^{(h)}) = W(s, \xi, \zeta, [(Z^{(h)})^T Z^{(h)}]^{1/2}).
\]
Thus, by (5.12) and Taylor expansion, we obtain
\[
\frac{1}{h^4} W(s, \xi, \zeta, Z^{(h)}) \rightarrow \frac{1}{2} Q_3(s, \xi, \zeta, \tilde{G}) \text{ a.e.},
\]
and
\[
\frac{1}{h^4} W(s, \xi, \zeta, Z^{(h)}) \leq \frac{1}{2} \gamma | \tilde{G} |^2 + C h \leq C \left( |B|^4 + |B'|^2 + |\partial_\zeta \varphi|^2 + |\partial_\zeta \varphi|^2 + |u'|^2 + 1 \right) \in L^1(\Omega).
\]

Set $\tilde{g}^{(h)} := Y^{(h)} o (\Psi^{(h)})^{-1}$; by the dominated convergence theorem we get the following equality:
\[
\lim_{h \to 0} \frac{1}{h^4} \int_{\Omega_h} W(\Psi^{(h)}(x), \nabla \tilde{g}^{(h)}(x)) \, dx = \frac{1}{2} \int_{\Omega} Q_3(s, \xi, \zeta, \tilde{G}) \, ds \, d\xi \, d\zeta.
\]
(5.14)

Consider the general case. Let $u, w \in W^{1,2}(0, L)$ and $v \in W^{2,2}((0, L); \mathbb{R}^3)$. Let $\varphi(s, \cdot) \in \mathcal{V}$ be the solution of the minimum problem (4.2) defining $Q^0$, with $t := u' + \frac{1}{2} ((v' \cdot \nu_2)^2 + (v' \cdot \nu_3)^2)$ and $F := B' + 2 \text{skw}(R_0^T R_0' B)$, where $B$ is introduced in (4.6). As we have already noticed in Remark 4.1, $\varphi$ and its derivatives with respect to $\xi$ and $\zeta$ belong to $L^2(\Omega; \mathbb{R}^3)$.

Now, we can smoothly approximate $u, w$ in the strong topology of $W^{1,2}$, $v$ in the strong topology of $W^{2,2}$, and $\varphi, \partial_\xi \varphi$ and $\partial_\zeta \varphi$ in the strong topology of $L^2$. Since the approximating sequences satisfy (5.14), and the right-hand side of (5.14) is continuous with respect to the mentioned topologies, we conclude that (5.14) holds also in the general case. Hence, using the minimality of $\varphi$, we obtain (5.1).

Case $\alpha > 3$.

In this case, in the expression (5.11), the term of order $2(\alpha - 2)$ in $h$ can be neglected, since $2(\alpha - 2) > \alpha - 1$ when $\alpha > 3$. Hence we can write
\[
(Z^{(h)})^T Z^{(h)} = Id + 2 h^{\alpha - 1} \text{sym} \left( \left( A' R_0 \left( \begin{array}{c} 0 \\ \zeta \end{array} \right) \right) \left| \partial_\zeta \beta \right| \left| \partial_\zeta \beta \right| \right) R_0^T + 2 h^{\alpha - 1} u' \tau \otimes \tau + o(h^{\alpha - 1}),
\]
where $o(h^\gamma)/h^\gamma \to 0$ uniformly as $h \to 0$. Taking the square root we have that
\[
[(Z^{(h)})^T Z^{(h)}]^{1/2} = Id + h^{\alpha - 1} \tilde{G} + o(h^{\alpha - 1}),
\]
(5.15)

where
\[
\tilde{G} := u' \tau \otimes \tau + \text{sym} \left( \left( A' R_0 \left( \begin{array}{c} 0 \\ \zeta \end{array} \right) \right) \left| \partial_\zeta \beta \right| \left| \partial_\zeta \beta \right| \right) R_0^T.
\]
We can rewrite \( \tilde{G} \) in terms of \( \varphi \) and \( B \) as
\[
\tilde{G} = \text{sym} \left[ R_0 \left( B' + 2 \text{skew}(R_0^T R_0) B \right) \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) + u' e_1 \right] \partial_{\xi} \varphi \left| \partial_{\zeta} \varphi \right| R_0^T.
\]

From the frame-indifference of the energy density \( W \), since \( \det \left( \nabla_h Y^{(h)}(\nabla_h \Psi^{(h)})^{-1} \right) > 0 \) for sufficiently small \( h \), we have
\[
W(s, \xi, \zeta, Z^{(h)}) = W(s, \xi, \zeta, \left[ (Z^{(h)})^T Z^{(h)} \right]^{1/2});
\]
thus, by (5.15) and Taylor expansion, we obtain
\[
\frac{1}{h^{2\alpha-2}} W(s, \xi, \zeta, Z^{(h)}) \to \frac{1}{2} Q_3(s, \xi, \zeta, \tilde{G}) \text{ a.e.,}
\]
and
\[
\frac{1}{h^{2\alpha-2}} W(s, \xi, \zeta, Z^{(h)}) \leq \frac{\gamma}{2} |\tilde{G}|^2 + C h \leq C \left( |B'|^2 + |B|^2 + |\partial_{\xi} \varphi|^2 + |\partial_{\zeta} \varphi|^2 + |u'|^2 + 1 \right) \in L^1(\Omega).
\]
Set \( \bar{g}^{(h)} := Y^{(h)} \circ \Psi^{(h)} \); by the dominated convergence theorem we get the following equality:
\[
\limsup_{h \to 0} \frac{1}{h^{2\alpha}} \int_{\Omega_h} W\left( (\Psi^{(h)})^{-1}(x), \nabla \bar{g}^{(h)}(x) \right) dx = \frac{1}{2} \int_{\Omega} Q_3(s, \xi, \zeta, \tilde{G}) ds \partial \xi d\zeta.
\]
Consider the general case. Let \( u, v \in W^{1,2}(0, L) \) and \( v \in W^{2,2}((0, L); \mathbb{R}^3) \). Let \( \varphi(s, \cdot) \in \mathcal{V} \) be the solution of the minimum problem (4.2) defining \( Q_3 \), with \( t := u' \) and \( F := B' + 2 \text{skew}(R_0^T R_0) B \), where \( B \) is defined as in (4.6). It is easy to show that (5.16) remains true, following the same approximation arguments used in the previous step. Hence, using the minimalista of \( \varphi \), we obtain (5.15).

5.2. Intermediate scaling. We now consider the scalings \( h^\alpha \) with \( 2 < \alpha < 3 \). As in [6], this case turns out to be very delicate and requires a detailed analysis.

**Theorem 5.2 (Case 2 < \( \alpha < 3 \)).** For every \( v \in W^{1,2}(0, L) \) and \( v \in W^{2,2}((0, L); \mathbb{R}^3) \) such that \( u' \cdot \tau = 0 \) there exists a sequence \( \tilde{g}^{(h)} \) \( \in W^{1,2}(\Omega_h; \mathbb{M}^{3 \times 3}) \) such that, setting \( Y^{(h)} := \tilde{g}^{(h)} \circ \Psi^{(h)} \), we have
\begin{enumerate}
  \item \( \left( \nabla_h Y^{(h)}(\nabla_h \Psi^{(h)})^{-1} - \text{Id} \right)/h^{\alpha-2} \to A \text{ strongly in } L^2(\Omega; \mathbb{M}^{3 \times 3}); \)
  \item \( u^{(h)} \to v \text{ strongly in } W^{1,2}(0, L); \mathbb{R}^3); \)
  \item \( w^{(h)} \to w \text{ weakly in } W^{1,2}(0, L), \)
\end{enumerate}
with \( A, u^{(h)} \) and \( w^{(h)} \) defined as in (3.9), (3.1) and (3.2). Moreover
\[
\limsup_{h \to 0} \frac{1}{h^{2\alpha}} \int_{\Omega_h} W\left( (\Psi^{(h)})^{-1}(x), \nabla \bar{g}^{(h)}(x) \right) dx \leq I_\alpha(v, w),
\]
where \( I_\alpha \) is introduced in (4.5).

**Proof.** As in Theorem 5.1, we preliminary assume that \( v \in C^1[0, L] \) and \( v \in C^2([0, L]; \mathbb{R}^3) \). Let \( g \in C^0[0, L] \) and \( \varphi \in C^1(\Omega; \mathbb{R}^3) \). Denote by \( \beta \) the function \( \beta(s, \xi, \zeta) := R_0(s) \varphi(s, \xi, \zeta) \) and by \( \tilde{g} \) a primitive of the function \( g \).

Define the functions \( \gamma_2, \gamma_3, \kappa^{(h)} \) as in the proof of Theorem 5.1. Finally define the function \( u \in C^1[0, L] \) as a primitive of
\[
- \frac{1}{2} \left((u' \cdot \nu_2)^2 + (u' \cdot \nu_3)^2\right).
\]
In analogy with the cases \( \alpha \geq 3 \), one could make the ansatz
\[
Y^{(h)} = \Psi^{(h)} + h^{\alpha-2} u + h^{\alpha-1} \xi A \nu_2 + h^{\alpha-1} \zeta A \nu_3 + (h^{2(\alpha-2)} u + h^{\alpha-1} \tilde{g}) \kappa^{(h)} + \frac{1}{2} h^{(2\alpha-3)} R_0(\xi \gamma_2 + \zeta \gamma_3) + h^{\alpha} \beta.
\]
Hence, by (5.7) the scaled gradient of the deformation \( Y^{(h)} \) is
\[
\nabla_h Y^{(h)} = \nabla_h \Psi^{(h)} + h^{\alpha-2} A R_0 + h^{\alpha-1} \left( (A R_0)^\prime \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) \left| \partial_\xi \beta \right| \left| \partial_\zeta \beta \right) + h^{\alpha-1} g \tau \otimes e_1 + h^{2(\alpha-2)} u + h^{\alpha-1} g \left( \tau' \otimes \tau - \tau \otimes \tau' \right) R_0 + \frac{1}{2} h^{2(\alpha-2)} R_0 \left( 2 u' e_1 \right) - \gamma_2 - \gamma_3 + o(h^{\alpha-1}).
\]
(5.19)

Now, using (2.6) and (5.19) we have
\[
Z^{(h)} := \nabla_h Y^{(h)} (\nabla_h \Psi^{(h)})^{-1} = Id + h^{\alpha-2} A + h^{\alpha-1} \left( A' R_0 \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) \left| \partial_\xi \beta \right| \left| \partial_\zeta \beta \right) R_0^T + h^{2(\alpha-2)} R_0 \left( \left( 2 u' e_1 \right) - \gamma_2 - \gamma_3 \right) R_0^T + o(h^{\alpha-1}).
\]
(5.20)

This procedure leads to the desired conclusion for \( \alpha > 5/2 \), but our ansatz cannot work for \( \alpha \) close to 2. Indeed, for \( \alpha > 5/2 \), using the identity \((Id + P^T)(Id + P) = Id + 2 \text{sym} P + P^TP\), and noticing that some of the matrices on the right-hand side of (5.20) are skew-symmetric, we obtain for the nonlinear strain
\[
(Z^{(h)})^T Z^{(h)} = \left( \begin{array}{c} Id + h^{\alpha-1} \text{sym} \left( A' R_0 \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) \left| \partial_\xi \beta \right| \left| \partial_\zeta \beta \right) R_0^T \right) + 2 h^{\alpha-1} g \tau \otimes \tau + h^{2(\alpha-2)} R_0 \left( \left( 2 u' e_1 \right) - \gamma_2 - \gamma_3 \right) R_0^T + o(h^{\alpha-1}).
\]
(5.21)

Moreover, using (3.9) and our definition of \( u, \gamma_2 \) and \( \gamma_3 \), we have that
\[
\left( (Z^{(h)})^T Z^{(h)} \right)^{1/2} = Id + h^{\alpha-1} \tilde{G} + o(h^{\alpha-1}),
\]
(5.22)

where
\[
\tilde{G} := g \tau \otimes \tau + \text{sym} \left( \left( A' R_0 \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) \left| \partial_\xi \beta \right| \left| \partial_\zeta \beta \right) R_0^T \right).
\]

As in Theorem 5.1, the frame-indifference of the energy density \( W \) and the dominated convergence theorem give the following equality:
\[
\limsup_{h \to 0} \frac{1}{h^{2\alpha-2}} \int_{\tilde{\Omega}_h} W \left( \left( \Psi^{(h)} \right)^{-1}(x), \nabla \tilde{g}^{(h)}(x) \right) dx = \frac{1}{2} \int_{\tilde{\Omega}} Q_3(s, \xi, \zeta, \tilde{G}) ds d\xi d\zeta,
\]
(5.23)

and the general case can be proved by approximation. Then, using the minimality assumptions on \( g \) and \( \varphi \), we obtain (5.17) and so the claim.

Unfortunately, this procedure fails for \( \alpha \) close to 2, since in that case terms of order \( h^{4(\alpha-2)} \) appear in the expression of the nonlinear strain \( (Z^{(h)})^T Z^{(h)} \), and they cannot be absorbed in \( o(h^{\alpha-1}) \).

Therefore, in the spirit of the proof of [6, Theorem 6.2], we modify the ansatz (5.18) in order to get an exact isometry. Let us define for every \( h > 0 \), the sequence
\[
Y^{(h)} := \int_0^{\varepsilon} (R_\varepsilon \tau) d\sigma + h \xi R_\varepsilon \nu_2 + h \zeta R_\varepsilon \nu_3 + h^\alpha \beta,
\]
(5.24)

where \( R_\varepsilon := e^{\varepsilon A} \), with \( A \) defined as in (3.9), and \( \varepsilon := h^{\alpha-2} \). Notice that, due to the fact that \( A \) is skew-symmetric, the matrix \( R_\varepsilon \) turns out to be a rotation.

The scaled gradient of the deformation \( Y^{(h)} \) is given by
\[
\nabla_h Y^{(h)} = R_\varepsilon R_0 + h R_\varepsilon (\xi \nu_2' + \zeta \nu_3') \otimes e_1 + h \left( R_\varepsilon R_0 \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) \left| h^{\alpha-2} \partial_\xi \beta \right| \left| h^{\alpha-2} \partial_\zeta \beta \right) + O(h^\alpha).
\]
(5.25)
Thus, using frame indifference, we obtain

\[ \nabla_h Y^{(h)} = R_e \nabla_h \Psi^{(h)} + h \left( R'_e R_0 \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) \right) h^{\alpha-2} \partial_\xi \beta \left| h^{\alpha-2} \partial_\zeta \beta \right| + O(h^\alpha), \]

and hence, by (2.6) we have

\[ Z^{(h)} := \nabla_h Y^{(h)} (\nabla_h \Psi^{(h)})^{-1} = R_e + h \left( R'_e R_0 \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) \right) h^{\alpha-2} \partial_\xi \beta \left| h^{\alpha-2} \partial_\zeta \beta \right| R^T_e + o(h^{\alpha-1}), \]

\[ = R_e \left( I_d + h \left( R'_e R'_e R_0 \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) \right) h^{\alpha-2} \partial_\xi (R'_e \beta) \left| h^{\alpha-2} \partial_\zeta (R'_e \beta) \right| R^T_0 \right) + o(h^{\alpha-1}). \]  

(5.26)

Now notice that, by definition, the rotation \( R_e \) verifies the identities:

\[ R_e (s) = I_d + \varepsilon A(s) + o(\varepsilon), \quad R'_e (s) = \varepsilon \int_0^1 e^{(1-\sigma)\varepsilon A(s)} A'(s) e^{\sigma \varepsilon A(s)} d\sigma. \]

Therefore we have in particular

\[ R^T_e R'_e = \varepsilon A' + o(\varepsilon). \]  

(5.27)

Hence, using (5.27) and the fact that \( \varepsilon = h^{\alpha-2} \), (5.26) simplifies as follows

\[ Z^{(h)} = R_e \left( I_d + h^{\alpha-1} \left( A' R_0 \left( \begin{array}{c} 0 \\ \xi \\ \zeta \end{array} \right) \right) \partial_\xi \beta \left| \partial_\zeta \beta \right| R^T_0 \right) + o(h^{\alpha-1}). \]

Thus, using frame indifference, we obtain

\[ \frac{1}{h^{2\alpha-2}} W(s, \xi, \zeta, Z^{(h)}) = \frac{1}{h^{2\alpha-2}} W(s, \xi, \zeta, (R_e)^T Z^{(h)}) \]

\[ \rightarrow \frac{1}{2} Q_{33}(s, \xi, \zeta, \hat{G}) \text{ a.e.,} \]

and proceeding as before we get the desired claim. \( \square \)

6. THE CASE OF A CLOSED THIN BEAM

It appears natural to ask whether the same analysis that we have developed so far can be extended to the case of a thin rod whose mid-fiber is a closed curve. In this section we will show that this additional requirement imposes a restriction on the class of admissible limit deformations, while the expression of the limiting functional is not affected by this constraint.

Throughout this section we will assume \( \alpha = 3 \) for simplicity, but the results can be easily extended to the other cases.

The setting of the problem is exactly the same as before. The additional assumptions are

\[ \gamma(0) = \gamma(L), \gamma'(0) = \gamma'(L) \quad \text{and} \quad \nu_k(0) = \nu_k(L), \text{ for } k = 2, 3. \]  

(6.1)

Notice that, from (6.1) it easily follows that \( \Psi^{(h)}(0, \xi, \zeta) = \Psi^{(h)}(L, \xi, \zeta) \) for every \( (\xi, \zeta) \in D \).

Now we will state and prove a compactness result which allows to identify the domain of the \( \Gamma \)-limit.

**Theorem 6.1.** Let \( (\tilde{y}^{(h)}) \subset W^{1,2}(\Omega; \mathbb{R}^3) \) be a sequence verifying

\[ \frac{1}{h^4} \tilde{f}(\tilde{y}^{(h)}) \leq c < +\infty \]  

(6.2)
for every $h > 0$. Then there exist an associated sequence $R^{(b)} \subset C^\infty((0, L); \mathbb{M}^{3 \times 3})$ and constants $\tilde{R}^{(b)} \in SO(3)$, $c^{(b)} \in \mathbb{R}$ such that, if we define $Y^{(b)} := (\tilde{R}^{(b)})^T \tilde{g}^{(b)} \circ \Psi^{(h)} - c^{(b)}$, we have

$$R^{(b)}(s) \in SO(3) \quad \text{for every } s \in (0, L),$$

$$(6.3)$$

$$\left\| R^{(b)} - Id \right\|_{L^\infty((0, L))} \leq C h,$$

$$(6.4)$$

$$\left\| (R^{(b)})^{-1} \right\|_{L^2((0, L))} \leq C h^2,$$

$$(6.5)$$

$$\left\| \nabla_h Y^{(h)}(\nabla_h \Psi^{(h)})^{-1} - R^{(h)} \right\|_{L^2((0, L))} \leq C h^2.$$ 

$$(6.6)$$

Moreover, defining $v^{(h)}$, $w^{(h)}$ and $w^{(h)}$ as in (3.1), (3.2) and (3.3), we have that, up to subsequences, the following properties are satisfied:

(a) $v^{(h)} \to v$ strongly in $W^{1,2}((0, L); \mathbb{R}^3)$; moreover, $v \in W^{2,2}((0, L); \mathbb{R}^3)$, $v' \cdot \tau = 0$, $v(0) = v(L)$, and $v'(0) = v'(L)$;

(b) $w^{(h)} \to w$ weakly in $W^{1,2}(0, L)$, with $w(0) = w(L)$;

(c) $u^{(h)} \to u$ weakly in $W^{1,2}(0, L)$;

(d) $\left\| \nabla_h Y^{(h)}(\nabla_h \Psi^{(h)})^{-1} - Id \right\| /h \to A$ strongly in $L^2(\Omega; \mathbb{M}^{3 \times 3})$, where the matrix $A \in W^{1,2}((0, L); \mathbb{M}^{3 \times 3})$ is defined in (3.9);

(e) $(R^{(h)} - Id)/h \to A$ weakly in $W^{1,2}((0, L); \mathbb{M}^{3 \times 3})$;

(f) $\text{sym} (R^{(h)} - Id)/h^2 \to A^2/2$ uniformly on $(0, L)$.

Proof. The argument follows the proof of Proposition 4.1 in [13], but we will include the details for the convenience of the reader. As in the proof of Theorem 3.3, the rigidity theorem provides the existence of a sequence of piecewise constant rotations $Q^{(h)} : (0, L) \to SO(3)$ such that, for every small cylinder $C_{a,h}$ we have

$$\int_{C_{a,h}} |\nabla \tilde{g}^{(h)} - Q^{(h)}|^2 \, dx \leq c \int_{C_{a,h}} \text{dist}^2(\nabla \tilde{g}^{(h)}, SO(3)) \, dx.$$

Changing variables, the previous inequality becomes

$$\int_{(a-a+\frac{a}{h^2}) \times D} |\nabla \tilde{g}^{(h)} \circ \Psi^{(h)} - Q^{(h)}|^2 \, d\xi \, d\zeta \leq c \int_{(a-a+\frac{a}{h^2}) \times D} \text{dist}^2(\nabla \tilde{g}^{(h)} \circ \Psi^{(h)}, SO(3)) \, d\xi \, d\zeta.$$ 

(6.7)

Let us define $\tilde{Q} := Q^{(h)}(0)$. If we specify the relation for $a = 0$ we have

$$\int_{(0, \frac{a}{h^2}) \times D} |\nabla \tilde{g}^{(h)} \circ \Psi^{(h)} - \tilde{Q}|^2 \, d\xi \, d\zeta \leq c \int_{(0, \frac{a}{h^2}) \times D} \text{dist}^2(\nabla \tilde{g}^{(h)} \circ \Psi^{(h)}, SO(3)) \, d\xi \, d\zeta.$$ 

(6.8)

In order to establish (6.6), we start from the trace inequality

$$\int_D \left| v(0, \xi, \zeta) - \tilde{v} \right|^2 \, d\xi \, d\zeta \leq c \int_{(0,l) \times D} |\nabla v|^2 \, d\xi \, d\zeta,$$

which holds uniformly for $1 \leq l \leq 2$, with $\tilde{v} = \int_D v(0, \xi, \zeta) \, d\xi \, d\zeta$. If we write this estimate for

$$v(s, \xi, \zeta) := \frac{1}{h} \left( \tilde{g}^{(h)} \circ \Psi^{(h)} \right)(hs, \xi, \zeta) - \frac{1}{h} \tilde{Q} \Psi^{(h)}(hs, \xi, \zeta),$$

we obtain the following relation:

$$\int_D \left| (\tilde{g}^{(h)} \circ \Psi^{(h)} - \tilde{Q} \Psi^{(h)})(0, \xi, \zeta) - \int_D (\tilde{g}^{(h)} \circ \Psi^{(h)} - \tilde{Q} \Psi^{(h)})(0, \xi, \zeta) \, d\xi \, d\zeta \right|^2 \, d\xi \, d\zeta$$

$$\leq ch \int_{(0,l)h \times D} |\nabla_h (\tilde{g}^{(h)} \circ \Psi^{(h)}) - \tilde{Q} \nabla_h \Psi^{(h)}|^2 \, d\xi \, d\zeta.$$ 

(6.10)
Putting together (6.10) and (6.8) we have, after easy computations,
\[
\int_D \left| (\tilde{y}^{(h)} \circ \Psi^{(h)})(0, \xi, \zeta) - \int_D (\tilde{y}^{(h)} \circ \Psi^{(h)})(0, \xi, \zeta) \, d\xi \, d\zeta - h \tilde{Q}(\xi \nu_2(0) + \zeta \nu_3(0)) \right|^2 \, d\xi \, d\zeta \leq c h^3.
\]  
(6.11)

In a similar way, if we define \( \tilde{Q} := Q^{(h)}(L) \), we deduce
\[
\int_D \left| (\tilde{y}^{(h)} \circ \Psi^{(h)})(L, \xi, \zeta) - \int_D (\tilde{y}^{(h)} \circ \Psi^{(h)})(L, \xi, \zeta) \, d\xi \, d\zeta - h \tilde{Q}(\xi \nu_2(L) + \zeta \nu_3(L)) \right|^2 \, d\xi \, d\zeta \leq c h^3.
\]  
(6.12)

Now, subtracting (6.12) from (6.11) and taking into account (6.1), we obtain
\[
\int_D \left| [\tilde{Q} - \tilde{Q}](\xi \nu_2(0) + \zeta \nu_3(0)) \right|^2 \, d\xi \, d\zeta \leq c h^3,
\]
which leads to
\[
[Q^{(h)}(0) - Q^{(h)}(L)] \leq c h^{3/2}.
\]  
(6.13)

If we define the sequences \( \tilde{Q}^{(h)} \) and \( R^{(h)} \) as in Theorem 3.3, it is easy to check that they also satisfy (6.13), hence (6.6) is proved. For the estimates (6.3), (6.4), and (6.5) we proceed exactly as in Theorem 3.3.

Let us define the sequences \( v^{(h)} \), \( u^{(h)} \) and \( w^{(h)} \) as in (3.1), (3.2) and (3.3). The convergence properties follow from Theorem 3.3. It remains only to verify the boundary conditions for the limiting functions \( v \) and \( w \). Since \( \Psi^{(h)}(0, \xi, \zeta) = \Psi^{(h)}(L, \xi, \zeta) \) and \( Y^{(h)}(0, \xi, \zeta) = Y^{(h)}(L, \xi, \zeta) \) for every \((\xi, \zeta) \in D\), we have by definition that \( v^{(h)}(0) = v^{(h)}(L) \) and \( w^{(h)}(0) = w^{(h)}(L) \). Hence we directly obtain that \( v \) and \( w \) satisfy
\[
v(0) = v(L) \quad \text{and} \quad w(0) = w(L).
\]  
(6.14)

Now notice that, by definition,
\[
\nabla h Y^{(h)} (\nabla h \Psi^{(h)})^{-1} = \left(\tilde{R}^{(h)}\right)^T (\nabla h \tilde{y}^{(h)}) \circ \Psi^{(h)}.
\]  
(6.15)

Therefore, using (6.15) and the fact that \( \Psi^{(h)}(0, \xi, \zeta) = \Psi^{(h)}(L, \xi, \zeta) \) for every \((\xi, \zeta) \in D\), we have in particular that
\[
\left(\nabla h Y^{(h)} (\nabla h \Psi^{(h)})^{-1} - \text{Id} \right)(0, \xi, \zeta) = \left(\nabla h Y^{(h)} (\nabla h \Psi^{(h)})^{-1} - \text{Id} \right)(L, \xi, \zeta)
\]
for every \((\xi, \zeta) \in D\). The last relation, together with property (d), implies that \( A(0) = A(L) \). Hence \( v'(0) = v'(L) \) and so the proof is concluded.

Now we are in a position to prove the \( \Gamma \)-convergence of the sequence \( \{\tilde{I}^{(h)}\}/h^4 \). As we have already noticed, the limit functional has the same expression as in (4.4), but the class of deformations on which it is finite includes the boundary conditions. More precisely we have the following convergence result.

**Theorem 6.2.** (1) Let \( u, w \in W^{1,2}(0, L) \) and let \( v \in W^{2,2}((0, L); \mathbb{R}^3) \) be such that \( v' \cdot \tau = 0 \). Assume also that \( v \) and \( w \) satisfy the boundary conditions (6.14). Then, for every positive sequence \( (h_j) \) converging to zero and every sequence \( \{\tilde{y}^{(h_j)}\} \subset W^{1,2}(\tilde{\Omega}_{h_j}; \mathbb{R}^3) \) such that the sequence \( Y^{(h_j)} := \tilde{y}^{(h_j)} \circ \Psi^{(h_j)} \) satisfies the properties (a)-(d) of Theorem 6.1, it turns out that
\[
\liminf_{j \to \infty} \frac{1}{h_j^4} \int_{\tilde{\Omega}_{h_j}} \mathcal{W} \left( (\Psi^{(h_j)})^{-1}(x), \nabla \tilde{y}^{(h_j)}(x) \right) \, dx \geq I_3(u, v, w),
\]  
(6.16)

where \( I_3 \) is defined in (4.4).

(2) For every \( u, w \in W^{1,2}(0, L) \) and \( v \in W^{2,2}((0, L); \mathbb{R}^3) \) satisfying the boundary conditions and such that \( v' \cdot \tau = 0 \), there exists a sequence \( \{\tilde{y}^{(h)}\} \subset W^{1,2}(\tilde{\Omega}_h; M^{3 \times 3}) \) such that, setting \( Y^{(h)} := \tilde{y}^{(h)} \circ \Psi^{(h)} \), we have

(i) \( (\nabla h Y^{(h)} (\nabla h \Psi^{(h)})^{-1} - \text{Id})/h \to A \) strongly in \( L^2(\tilde{\Omega}; M^{3 \times 3}) \).
Let \( \phi \) define the function \( Y \) where one can prove a convergence result like (5.14) and obtain the general case by approximation.

As in Theorem 5.2, we preliminarily assume that

\( (1) \) The proof of this part can be done repeating exactly the proof of Theorem 4.4.

\( (2) \) Moreover, the convergence properties (i)-(iv) can be deduced as in Theorem 5.1. For the scaled function \( Y^h \) defined in (4.4),

\[
Y^h = \Psi^h + h v + h^2 u \kappa^h + h^2 \frac{u(L) - u(0)}{L} \left( \int_0^L (L - \sigma) \tau(\sigma) d\sigma - h (L - s) (\xi k_2 + \zeta k_3) \right) + h^2 \xi \xi A v_2 + h^2 \xi A \nu_3 + h^3 \beta^h,
\]

where \( \beta^h(s, \xi, \zeta) := \beta(s, \xi, \zeta) + \overline{\partial}^h(s)(\beta(0, \xi, \zeta) - \beta(L, \xi, \zeta)) \). It turns out that the function \( Y^h \) satisfies periodic boundary conditions in \((0, L)\). Indeed,

\[
Y^h(0, \xi, \zeta) = \Psi^h(0, \xi, \zeta) + h v(0) + h^2 u(0) \tau(0) - h^3 u(L) \tau(0)(\xi k_2(0) + \zeta k_3(0)) + h^2 \xi A(0) v_2(0) + h^2 \xi A(0) \nu_3(0) + h^3 \beta(0, \xi, \zeta),
\]

and, using the assumptions (6.1) and (6.14), we have

\[
Y^h(L, \xi, \zeta) = \Psi^h(0, \xi, \zeta) + h v(0) + h^2 u(L) \tau(0) (1 - h \xi k_2(0) - h \zeta k_3(0)) + h^2 \frac{u(L) - u(0)}{L} \int_0^L (L - \sigma) \tau(\sigma) d\sigma + h^2 \xi A(0) v_2(0) + h^2 \xi A(0) \nu_3(0) + h^3 \beta(0, \xi, \zeta).
\]

Now notice that, using \( \tau = \gamma' \) and \( \gamma(0) = \gamma(L) \), we have

\[
\int_0^L (L - \sigma) \tau(\sigma) d\sigma = -L \tau(0) + \int_0^L \tau(\sigma) d\sigma = -L \tau(0).
\]

Plugging this equality into (6.19) we obtain

\[
Y^h(L, \xi, \zeta) = \Psi^h(0, \xi, \zeta) + h v(0) + h^2 u(L) \tau(0) (1 - h \xi k_2(0) - h \zeta k_3(0)) + h^2 \frac{u(L) - u(0)}{L} \left( \tau(0) + h^2 \xi A(0) v_2(0) + h^2 \xi A(0) \nu_3(0) + h^3 \beta(0, \xi, \zeta) \right)
\]

which is the same expression in (6.18).

Moreover, the convergence properties (i)-(iv) can be deduced as in Theorem 5.1. For the scaled gradient of \( Y^h \) we have, using (5.7)

\[
\nabla_h Y^h = \nabla_h \Psi^h + h A R_0 + h^2 \left( (A R_0)' \left( \begin{array}{c} 0 \\ \xi \end{array} \right) + u' \tau \left| \partial_\xi^h \beta^h \right| \partial_\xi^h \beta^h \right) + h^2 \left( u + \frac{u(L) - u(0)}{L} (L - s) \right) (\tau \otimes \tau - \tau \otimes \tau') R_0 + h^3 \partial_\nu^h \beta^h \otimes \epsilon_1 + O(h^3),
\]

where \( \left| \partial_\xi^h \beta^h \right| \leq \frac{c}{\sqrt{h}} \). Now, since \( \beta^h \rightarrow \beta, \partial_\xi^h \beta^h \rightarrow \partial_\xi \beta \) and \( \partial_\nu^h \beta^h \rightarrow \partial_\nu \beta \) strongly in \( L^2(\Omega; \mathbb{R}^3) \), one can prove a convergence result like (5.14) and obtain the general case by approximation. \( \square \)
Acknowledgements

I warmly thank Maria Giovanna Mora for having proposed to me the study of this problem and for many helpful and interesting suggestions. I would like also to thank Gianni Dal Maso for several stimulating discussions on the subject of this paper. Moreover I express my gratitude to Max Planck Institute, where part of my research was carried out.

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